



१ मे १९६० रोजी महाराष्ट्र राज्याची निर्मिती झाली. संयुक्त महाराष्ट्र चळवळीतील हुतात्म्यांच्या स्मृतींना या दिवशी आदरांजली वाहिली जाते. १ मे हा आंतरराष्ट्रीय कामगार दिन म्हणूनही साजरा केला जातो.

संस्कृत श्लोक

काव्यशास्त्रविनोदेन कालो गच्छति धीमताम्।
व्यसनेन तु मूर्खाणां निद्रया कलहेन वा॥

या श्लोकाचा अर्थ वाचा पान ८ वर

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संपादकीय

प्रमाणामध्ये सर्व काही असावे!

काय मंडळी! संपली ना परीक्षा! आता काय, सुट्टी सुरू! मज्जाच मज्जा, हो ना!

खरंच! परीक्षेनंतर मिळणाऱ्या या उन्हाळी सुट्टीचा आनंद काही वेगळाच असतो. मग वर्षभर सांभाळलेलं पथ्य खुंटीला टांगलं जातं आणि वेगवेगळे पदार्थ खायचा सपाटा सुरू होतो. तळलेला गरमागरम वडापाव, समोसा, कोल्ड्रिंक, आईस्क्रीम, बर्फाचा मस्त लाल, पिवळा, जांभळा गोळा अशी नुसती चंगळ सुरू होते.

पण मंडळी, थांबा! एप्रिल, मे महिना म्हणजे कडकडीत ऊन! सतत येणारा घाम आणि घशाला पडणारी कोरड! ही शमवण्यासाठी थंडगार पदार्थांचा आस्वाद घेण्यापूर्वी थोडासा विचार करा, या थंडाव्याचा शरीराला काही अपाय होईल का? नव्हे! तो होतोच! मग होते सर्दी, येतो खोकला आणि ताप! काही सुट्टीचे दिवस मग आजारपणातच निघून जातात. काही मुलं पूर्ण दिवस उन्हात क्रिकेट खेळतात. त्यामुळेही उन्हाचा त्रास होऊन आजारपण येऊ शकते. काहीजण सतत स्क्रीन समोर बसून काहीतरी खात राहतात. त्यामुळे वजन वाढते आणि इतर त्रास जाणवू लागतात. म्हणून बरं का छोट्या दोस्तांनो, सुट्टीच्या दिवसांतही प्रत्येक गोष्ट प्रमाणातच करायची असते बरं! सकाळी वेळेवर उठणे, वेळेवर आवरणे, मग सकाळच्या वेळात पुस्तकांचे वाचन, दुपारी थोडासा आराम आणि संध्याकाळी ऊन उतरल्यावर मैदानात भरपूर खेळणे. असा आपला नित्यक्रम ठेवल्यास त्याचा छान फायदा होईल.

आणि हो, सुट्टीत पर्यटनाचा आनंद घ्यायला विसरू नका बरं!

- श्रीमती माधुरी सुहास जोशी
मुख्याध्यापिका
पार्ले टिळक विद्यालय मराठी माध्यम
प्राथमिक शाळा



21 Golds at International Maths Olympiad



Hrishikesh Rege



The students of PTV ICSE (Primary) demonstrated exceptional performance in the International Mathematics Olympiad (IMO). A remarkable 21 students secured Gold Medals at the school level, showcasing their strong

conceptual understanding and dedication to mathematics. Among them was Hrishikesh Rege (Grade 4), who secured Zonal Rank 19 and International Rank 20, bringing great pride to the institution.

Durvesh Dazzles At Swim Gala

At the 39th Otters Open Swim Gala 2026, held on 18 April at Otters Club, an excellent performance was delivered by PTVEMS' Durvesh Devrukhkar (U13 Boys) of Std. VII B. Gold medals were won by him in the 100m Butterfly and 200m Individual Medley, along with bronze medals in the 100m Freestyle and 100m Breaststroke. With a total of 20 points, the Individual Runner-up Trophy was secured by him.



बृहन्मुंबई महानगरपालिका शिक्षण विभागातर्फे आयोजित केलेल्या महापौर बाल चित्रकला स्पर्धेत पार्ले टिळक मराठी प्राथमिक शाळेतील इ.२/४ मधील विद्यार्थी ईशान बागवे याने पारितोषिक पटकावले.



संस्कृती संवर्धन प्रतिष्ठानच्या परीक्षेत सर्वोत्तम गुण मिळवत घवघवीत यश संपादन केल्याबद्दल इयत्ता ४-१ मधील तावी गायकवाड हिला सन्मानचिन्ह देऊन गौरविण्यात आले.

Exciting Prizes Await You Dear Students...

As we approach the much-awaited Summer Holidays, दर्पण brings to you four exciting and fun-filled competitions. Of the four activities, two are for students of Secondary Section and two are for students of Primary Section.

Competition 1: Collage Colouring (Primary Section)
- Colour the given drawings on Page 15.

Competition 2: DIY (Primary Section): Scan the QR code on Page 16 and recreate the activity.

Competition 3: Twist The Tale (Secondary Section)
Read the given story carefully. Focus on the highlighted (bold) ending. Rewrite only the ending by giving it your own creative twist. You may rewrite the story with your new ending in English or Marathi. Keep the beginning and middle of the story the same. Submission - 19th June, 2026 (to your class teacher)

Competition 4: The 7-Day Boredom Challenge (Secondary Section) - This summer, step away from screens and step into observation, creativity, and reflection. Each day, you will complete one simple task! Documentation - Booklet Format (A4 | 9 Pages Total)



Submission - 19th June, 2026 (to your class teacher)

Page 1: About Me
Name, Grade & Division, School Name
"A little about me..."

Pages 2-8: The 7-Day Challenge
Each day = 1 task + 1 unique way to present it



तावी गायकवाड



अन्वी चोपडे



ऋग्वेद मेहता

प्रज्ञाशोध परीक्षेत विद्यार्थ्यांची यशस्वी कामगिरी

नुकत्याच झालेल्या महाराष्ट्र प्रज्ञाशोध परीक्षा २०२६ मध्ये पार्ले टिळक मराठी प्राथमिक शाळेतील विद्यार्थ्यांनी यश संपादन केले आहे. इयत्ता पहिलीतील ऋग्वेद मेहता बोर्डातून

३२ वा, इयत्ता चौथीतील तावी गायकवाड बोर्डातून ३४ वी तर चौथीतील अन्वी चोपडे बोर्डातून ५७ वी आली आहे. सर्व यशस्वी विद्यार्थ्यांचे शाळेकडून अभिनंदन करण्यात येत आहे.

For more details on all competitions, refer Page 15 & 16

From Excitement to Exploration: First Day Moments

The new academic year at PTV (ICSE) began on a joyful and energetic note as students stepped into school with excitement and enthusiasm.

The first day for students of Grades 2 to 8 commenced on 9 April, where classrooms came alive with a variety of subject-integrated fun activities. From the lively Bottle Dance Activity to the engaging All About Me, students had the opportunity to express themselves creatively. Activities like Up, Up and Away, My Shield, and Time Capsule encouraged imagination and reflection, while Math Fun – Chain Quiz and the Noun Race Challenge added an element of learning through play. The day beautifully blended academics with enjoyment, setting a positive tone for the year ahead.

The young learners of Grade 1 began their school journey on 10 April with a warm and cheerful welcome. Their classrooms, beautifully



decorated with a sky theme, created a vibrant and inviting atmosphere. The day was filled with laughter and movement as students danced to aerobic beats, sang songs and made new friends. They enthusiastically participated

in activities such as Partner Parade, Pop-Up Action Sticks, and Prick & Win, where they discovered hidden surprises. The highlight for many was capturing joyful moments at the delightful Selfie Point.



The beginning of the school year was truly a celebration of learning, friendship, and new beginnings, leaving students excited for the journey ahead.

Healthy Habits for a Better Life

On the occasion of World Health Day, PTVEMS (Secondary) conducted an insightful interview with Dr Pratichi Kadam Pillai, a paediatrician and esteemed alumna. She was interviewed by Head Boy, Om Bendre, and Head Girl, Dhvani Mehta. Dr Pratichi emphasised the importance of balanced nutrition, proper sleep, physical activity, hygiene, and mindful screen use in a child's daily life. Her simple and practical advice inspires students and parents to build healthy habits through consistency and awareness.



Scan the QR code to watch and listen to the interview on YouTube.

'शिका, संघटित व्हा आणि संघर्ष करा' असा त्रिसूत्री मंत्र भारतीय समाजाला देणारे महान व्यक्तिमत्त्व डॉ. बाबासाहेब आंबेडकर यांनी

शिक्षण हे समाज परिवर्तनाचे प्रभावी साधन मानले. शिक्षणामुळे माणसात हक्क आणि कर्तव्याची जाणीव निर्माण होते, म्हणूनच डॉ. आंबेडकरांनी 'शिक्षण हे वाघिणीचे दूध आहे, जो पिईल तो गुरगुरल्याशिवाय राहणार नाही' असे सांगून शिक्षण हाच समता, स्वातंत्र्य आणि बंधुता मिळवण्याचा एकमेव मार्ग असल्याचे प्रतिपादन केले. भारतीय संविधानाच्या निर्मितीत त्यांनी समानतेचे तत्त्व दृढपणे रुजवले. त्यांच्या कार्यामुळे समाजातील दुर्बल घटकांना नवे अधिकार मिळाले. शिक्षणाच्या प्रसारामुळे समाजात जागृती निर्माण झाली. सामाजिक आणि आर्थिक समानतेत वाढ झाली. अलिकडच्या काळातील याचे उत्तम उदाहरण म्हणजे भारताच्या पहिल्या आदिवासी महिला राष्ट्रपती माननीय द्रौपदी मुर्मू. साध्या गरीब कुटुंबात जन्म घेऊनही आपला आर्थिक स्तर, जात, लिंग हे काहीही आड येऊ न देता आपल्या कर्तृत्वाच्या आणि शिक्षणाच्या बळावर देशाचे सर्वोच्च पद भूषवणारे हे व्यक्तिमत्त्व पाहिले की सर्व प्रकारचे भेदभाव नष्ट करून समानता प्रस्थापित करण्याचा शिक्षण हाच उत्तम मार्ग असल्याची खात्री पटते.

शिक्षणातून समानतेचे मूल्य अगदी सहजपणे समाजमानसात रुजत जाते. याची सुरुवात होते ती अगदी शालेय शिक्षणापासून!

शिक्षण- समानतेचा मार्ग



समाजातील सर्व स्तरांतील मुले एका गणवेशात शाळेत येतात, सामूहिक प्रार्थना म्हणतात, एकत्र कवायत करतात, खेळ खेळतात, एकत्र येऊन एखादा प्रकल्प किंवा कार्यक्रम यशस्वी करतात. यातून वर्ण, जात, लिंग, आर्थिक स्तर या सगळ्यांच्या पलीकडे जाऊन माणसाकडे 'माणूस' म्हणून पाहण्याचा दृष्टिकोन विद्यार्थ्यांमध्ये विकसित होतो.

शिक्षणाच्या रथात बसून समानतेच्या मार्गावर वाटचाल करत भारतीय समाजाने मोठा पल्ला गाठला आहे, हे जरी खरे असले तरीही अजूनही समाजातून विषमता समूळ नष्ट झालेली नाही. शहरांमध्ये टोलेजंग इमारती आणि मूलभूत सुविधाही नसलेल्या झोपडपट्ट्या एकाच ठिकाणी दिसतात. आजही काही घटक शिक्षणापासून वंचित राहिलेले दिसतात. शिक्षण या प्रभावी साधनाचा प्रसार करून समानतेच्या मार्गावर पुढील वाटचाल यशस्वी करण्याची जबाबदारी आपल्यापैकी प्रत्येकाची आहे.

समानतेचे मूल्य रुजविण्या
शिक्षण हाच मार्ग खरा
शिक्षणाची ज्योत पेटवून
प्रगतीची रे वाट धरा

-श्रीमती अन्वया काणे, मराठी विषय शिक्षिका, पार्ले टिळक विद्यालय इंग्लिश मिडियम स्कूल

Skills that Shape Your Future

As part of its ongoing efforts to guide students towards informed career choices, PTVEMS (Secondary) conducted an insightful interview with Ms Meghana Barve, School Counsellor. She was interviewed by teacher, Mrs Mridula Phatak. Ms Meghana shared valuable guidance on the importance of self-awareness, adaptability, and essential life skills such as communication, emotional intelligence, and decision-making. She encouraged students to explore their strengths, stay open to opportunities, and approach career choices with clarity and confidence. She also highlighted the role of mental well-being and parental support in shaping a student's future.



Scan the QR code to watch and listen to the interview on YouTube.

Ascension: A Heartfelt Farewell to Grade 10

The Grade 10 farewell at PTV (ICSE) was celebrated with great enthusiasm and emotion, marking a memorable occasion for the outgoing students. The theme of the event, Ascension, beautifully symbolised the students' journey towards new beginnings and greater heights.

The programme commenced with a warm and gracious welcome by the Grade 9 students, setting a cheerful and respectful tone for the event. The Principal, Dr (Mrs) Arnavaz Bhagat, delivered an inspiring speech, encouraging students to remain determined and confident as they step into a new phase of their lives. She emphasised the importance of hard work, discipline, and strong values, while also appreciating the students for their valuable contributions to the school.

One of the highlights of the event was the personality contest conducted to select the titles of Master and Miss PTV. The participants displayed remarkable confidence, eloquence, and talent as they showcased their abilities and responded thoughtfully to the questions posed to them.

The cultural segment featured melodious songs and vibrant dance performances, adding colour and energy to the celebration. Fun-filled games were also organised, fostering laughter and strengthening the bond among students.

The Vice Principal, Mrs Geena Mathew, addressed the gathering and reflected on the



Clue 1:
Doing the right thing even
when no one is watching.

students' memorable journey at the school. She emphasised the importance of integrity, resilience, and lifelong learning. An emotional touch was added by a heartfelt speech from Saachi Soumitra

(Grade 10), who shared cherished memories, expressed gratitude to the teachers, and fondly reminisced about her school experiences.

As a token of love and appreciation, mementos were presented to the outgoing students by the Principal. The farewell concluded with a vote of thanks, leaving everyone with heartfelt emotions as they celebrated the past and extended their best wishes for the students' bright and promising future.

For The Perfect Beginning



As Satyanarayan Pooja was organised at PTV (ICSE) on 2 April, as is the tradition every year, to seek divine blessings before the commencement of the new academic session. The entire staff, along with the PTVA fraternity and the management, gathered on this auspicious occasion to offer prayers and invoke positivity, prosperity and success for the year ahead. The serene and spiritual atmosphere filled the school premises with a sense of unity and devotion, marking a harmonious beginning to the academic year.



PTVA's EMS, Andheri offered a floral tribute to Dr Babasaheb Ambedkar on the eve of his birth anniversary.

PTVEMS (Primary) Seeks Inspiration on Ambedkar Jayanti

Dr Babasaheb Ambedkar Jayanti was celebrated with great enthusiasm at PTVEMS (Primary).

The programme began with a speech by teacher, Mrs Bhavika Kulkarni, who explained the importance and significance of the day. Students were made aware of the valuable contributions of Dr Bhimrao Ramji Ambedkar, the architect of the Indian Constitution, and his efforts towards equality and justice in society.

A special highlight of the event was a wonderful presentation by Vihaan Shete (Std. III C), who dressed



up as Dr Ambedkar. He confidently narrated a meaningful life incident from Dr Ambedkar's childhood, inspiring everyone with the message of hard work, education, and standing against injustice.

The celebration helped students understand the values of equality, respect, and determination. It was an informative and inspiring event that encouraged young minds to follow the ideals of Dr Ambedkar.

**- Mrs Bhavika Kulkarni,
Class Teacher (Std. III C),
PTVEMS**

Cyber Security: The Need Of The Hour

A Child Safety and Cyber Security session was conducted at PTVEMS (Primary) on 2 April with the objective of spreading awareness among students about personal safety as well as the safe and responsible use of the internet. The session was conducted by Mr B. B. Bangar (Police Hawaldar) and Mr C. M. Mane (Police Constable).

Mr Bangar began the session by explaining the importance of both Child Safety and Cyber Security in a simple and engaging manner. He highlighted that while the internet is extremely useful, it can also be risky if not used carefully, and that being aware of one's surroundings and personal safety is equally important. He discussed different situations where children may unknowingly get into unsafe situations, both offline and online. These included interacting with strangers, sharing personal information, clicking on unknown links, or trusting unfamiliar people. He explained that such actions



could lead to serious consequences such as cyberbullying, financial loss, or personal harm. He also guided the students on the steps to take if they ever face such situations. He encouraged them to stay alert, avoid panic, and immediately inform their parents, teachers, or any trusted adult. Additionally, he shared the cybercrime helpline number - 1930 to report cyber-related issues. He

also informed students that in case of any emergency or danger, they can dial 100 to seek immediate help from the police.

The session proved to be highly informative and engaging. Students gained valuable insights into the importance of both child safety and cyber security and learnt how to protect themselves and make responsible choices in their daily lives.

Igniting Curiosity

The first day of the new academic year for the students of grades 6 to 8 at PTV (ICSE) was thoughtfully designed to create a warm, inclusive, and engaging environment for the students. The focus was on building a sense of belonging, rekindling enthusiasm for school, and nurturing holistic development in alignment with the principles of the National Education Policy (NEP).

The day commenced with a welcoming interaction that allowed students to reconnect with the school environment and share their experiences in a relaxed and supportive setting. To strengthen peer relationships, interactive activities were conducted where students collaborated, communicated, and learnt more about one another.

Opportunities were provided for self-expression, creativity, and reflection, enabling learners to showcase their individuality while appreciating the diversity within the classroom. The activities were carefully curated to promote teamwork, critical thinking, and emotional well-being.

The day concluded on a positive and reflective note, with students expressing their excitement and aspirations for the new academic year ahead.



Eloquent Voices

The Declamation Competition for students of Grades 9 and 10 at PTV (ICSE) was conducted in the school auditorium. The event aimed at nurturing articulate communication, critical thinking, and self-expression among young learners.

The preliminary rounds were held in the respective classrooms, where students delivered speeches on topics of social, cultural, and moral relevance. The final round was judged by Ms Kruti Parikh and Ms Priyanka Jagwani, ensuring a fair and encouraging environment for all participants.

The event witnessed enthusiastic participation as students delivered inspiring speeches with passion and conviction. The Principal, Dr

(Mrs) Arnavaz Bhagat addressed the students and guided them on linguistic proficiency and importance of participating in such competitions.

The winners were, Nysaa Dharwadkar (Std. X A), First Prize; Ria Liman (Std. X B), Second Prize; and Mrunmayee Phadke (Std. IX C), Third Prize.

This initiative aligns closely with the vision of the National Education Policy (NEP) 2020, which emphasises developing communication, creativity, critical thinking, and emotional intelligence as essential 21st-century skills. Through such co-curricular activities, the school promotes holistic development, encouraging learners to become confident, responsible, and expressive individuals beyond classroom academics.

Green Guardians In Action



The students of the Eco Club at PTV ICSE (Secondary) enthusiastically organised a plantation drive, showcasing their commitment to environmental sustainability.

Students took active responsibility in preparation by cleaning pots, arranging soil, compost manure, and dry leaves, and assembling essential tools. They also ensured the availability of healthy saplings and Jeevamrut, an organic growth enhancer, highlighting their awareness of eco-friendly practices.

A remarkable feature of the drive was the preparation of Jeevamrut by the students. This nutrient-rich organic mixture, known for revitalising soil health, was prepared in the school, adding a hands-on learning dimension to the activity.

The success of the plantation drive was the result of

the collective efforts of the Principal, Dr (Mrs) Arnavaz Bhagat, administrative staff, teaching and non-teaching staff, along with the enthusiastic participation of the students. The initiative was effectively spearheaded by Preeti Iswalkar, whose guidance played a pivotal role.

In alignment with the annual "Sanjeevani Abhiyan" conducted by the Brihanmumbai Municipal Corporation (BMC), the Eco Club students will continue their environmental efforts by participating in the campaign from April 1 to April 30. This initiative aims to engage schools, colleges, organisations, and citizens in fostering a greener and healthier environment.

Through such endeavours, the students of PTV ICSE (Secondary) demonstrate that small, collective actions can contribute significantly toward building a sustainable future.



Clue 2:
The ability to understand and share the feelings of others.

PTVA Schools conducted summer camps to not only keep the students engaged in a productive way but also help them to hone their skills and unravel their hidden talents.

PTVEMS (Secondary) organised a vibrant and energising Fitness Summer Camp for students during the summer break. The camp commenced on 15 April and is being conducted up to 29 April between 6:30 a.m. and 8:00 a.m. Breaking away from the usual routine of holidays, students have been participating with remarkable enthusiasm and commitment. The early morning schedule, which is often a challenge during vacations, has been embraced wholeheartedly by the children, reflecting their eagerness to learn and stay active. The 13-day camp has been thoughtfully designed to promote physical fitness through a variety of engaging outdoor activities and structured exercises. Students are being introduced to different forms of workouts using equipment such as low hurdles, hoops, speed ladders and medicine balls. These activities not only improve their stamina and coordination but also instil discipline and teamwork. The camp is being conducted under the dedicated guidance of the Physical Training staff, including Mr Jitendra Patil and Mr Paresh Ipte from the Secondary Section, and Mrs Madhur



PTV ICSE (Primary)



PTVEMS (Primary)



PTVEMS (Secondary)

PTVA Schools Conduct Summer Camps

Karambelkar, Physical Training teacher of the Primary Section. Their consistent efforts, careful planning and encouraging approach have ensured active participation and joyful learning throughout the camp. The camp is proving to be a refreshing and enriching experience for the students, helping them develop healthy habits while enjoying every moment of physical activity.

Similarly, at PTV (ICSE), the 10-day Summer Camp was held from 21 to 30 March. It brought together 108 young learners from Grades 1 to 5 for an exciting journey of movement, play and discovery. It was organised in two batches to ensure focused engagement. Carefully curated activities and modified games helped strengthen fundamental gross motor



Clue 3:
The strength to keep going despite difficulties.

skills and object handling abilities, keeping children actively involved and enthusiastic throughout. A special highlight was the use of the mud ground, allowing children to reconnect with natural play and enjoy rich sensory experiences beyond the digital world. The camp was a perfect blend of fun, fitness and foundational skill-building—leaving behind happy faces, active minds and a lasting love for movement.

In an era where education is steadily moving beyond textbooks, at PTVEMS (Primary) the summer camp conducted by Mrs Anuradha Gore for students of Std. 1 to Std. 4 stands out as a thoughtful and enriching initiative. The camp truly lived up to the idea of “learning beyond the classroom.” It provided young learners with opportunities to explore creativity and knowledge through engaging, hands-on activities. Sessions like origami and kirigami encouraged children to transform simple sheets of paper into beautiful creations, fostering patience, precision, and imagination. “Fun with Maths” brought a refreshing twist to numbers, helping students overcome their fear of the subject and see it

as enjoyable and approachable. Meanwhile, the introduction of scientific toys made learning interactive, allowing children to understand basic concepts through play and experimentation. Punch craft sessions further added colour and creativity, enabling students to express themselves artistically. What made the camp even more special was the warmth and personal touch brought in by Mrs Gore. As a token of love and appreciation, she gifted shells to each child, a simple yet meaningful gesture that left a lasting impression on young hearts. It reflected not just her dedication as an educator but also her care and affection towards her students. Such initiatives play a vital role in shaping well-rounded individuals. By encouraging curiosity, creativity, and confidence, this summer camp created an environment where children could learn joyfully and grow holistically.

विस्मरणात गेलेले भारतीय खेळ

भारतीय संस्कृतीत लहान मुलांसाठी अनेक सुंदर, सर्जनशील आणि शारीरिक विकास घडवणारे पारंपरिक खेळ होते. आज मोबाईल आणि डिजिटल गेम्समुळे यापैकी अनेक खेळ हळूहळू विस्मृतीत गेले आहेत. हे खेळ केवळ मनोरंजनासाठी नव्हते, तर मुलांची चपळता, बुद्धिमत्ता, टीमवर्क आणि सामाजिक कौशल्ये वाढवण्यासाठी महत्वाचे होते. खाली काही असे जुने भारतीय खेळ दिले आहेत:



लगोरी (Seven Stones) : सात दगड रचून त्यांना चेंडूने पाडायचे आणि पुन्हा रचण्याचा प्रयत्न करायचा. यात टीमवर्क आणि वेग खूप महत्वाचा असतो.

विटी-दांडू (Gilli Danda) : लहान काठी (विटी) मोठ्या काठीने (दांडू) मारून दूर फेकायची. हा खेळ क्रिकेटसारखा वाटतो आणि ग्रामीण भागात खूप लोकप्रिय होता.

कबड्डी : श्वास रोखून “कबड्डी कबड्डी” म्हणत प्रतिस्पर्ध्यांना स्पर्श करून परत यायचे. ताकद, चपळता आणि रणनीती यांचा उत्तम संगम आहे.

लपडाव (Hide and Seek) : एक जण डोळे बंद करून मोजणी करतो आणि बाकीचे लपतात. हा खेळ आजही काही ठिकाणी खेळला जातो, पण पूर्वीसारखा नाही.

भोवरा (Spinning Top) : दोन्याने फिरवायचा भोवरा हा मुलांचा आवडता खेळ होता. यात कौशल्य आणि सराव लागतो.

भेंड्या (Marbles / कंचे) : लहान काचांच्या गोळ्यांनी खेळला जाणारा खेळ. लक्ष्य साधणे आणि गणिती विचार यासाठी उपयोगी.

आट्यापाट्या : जमिनीवर आखलेल्या चौकटींमध्ये धावत जाऊन प्रतिस्पर्ध्यांना चुकवत पुढे जायचे. हा खेळ खूप चपळता वाढवतो.

झिम्मा : विशेषतः मुलींचा गट खेळ, गाण्यांच्या तालावर खेळला जातो. सांस्कृतिक आणि मनोरंजक दोन्ही आहे.

फुगडी : दोन मुली हातात हात घालून गोल फिरतात. हा खेळ सण-उत्सवांमध्ये जास्त दिसायचा.

डब्बा ऐसपैस (Can Knockdown) : एक डब्बा ठेवून त्याला चेंडूने मारायचा आणि पुन्हा लपण्याचा खेळ. यात धावपळ आणि मजा दोन्ही असतात.

हे खेळ का महत्वाचे होते?
हे खेळ मुलांना शारीरिक व्यायाम देतात, मानसिक चातुर्य वाढवतात, संघभावना शिकवतात, स्क्रीनपासून दूर ठेवतात. आजच्या काळात हे खेळ पुन्हा सुरू करणे खूप गरजेचे आहे, कारण ते मुलांच्या सर्वांगीण विकासासाठी अत्यंत उपयुक्त आहेत.

- सुभाष धायगुडे आणि उमेश शिंदे
पार्ले टिळक विद्यालय,
मराठी माध्यम माध्यमिक

Old is Gold

Summer vacation is the most exciting time of the year for children. It is a time to relax, explore, and enjoy long sunny days. Instead of spending time on screens, children can play outdoor games that keep them active and healthy. Outdoor games not only bring joy but also teach teamwork, patience, and quick thinking. Let us look at some fun games played during summer vacation and how to play them.



Lagori (Seven Stones): Stack seven flat stones. One team hits the stack with a ball, and the other team tries to stop them from rebuilding it.

Kho-Kho: Players sit in a row. The chaser runs and tags opponents by saying “Kho” to change direction.

Kabaddi: A player enters the opponent’s side chanting “kabaddi” and tries to tag players without getting caught.

Gilli-Danda: Hit a small stick (gilli) with a bigger stick (danda) to send it far away.

Hide and Seek: One player counts while others hide. The seeker finds all hidden players.

Hopscotch: Draw boxes on the ground. Players hop on one foot and throw a stone into each box.

Dodgeball: Players throw a ball to hit opponents. If hit, the player is out.

Tug of War: Two teams pull a rope from opposite sides. The team that pulls the other across a line wins.



Chain Chain (Soansakhli): Players - 6+ | Rules - Catcher tags one player; they join hands. Chain grows as more are caught. Last free player wins.

Catch and Throw: Players stand in a circle and pass a ball quickly without dropping it.

Aatya-Patya: Players - 8 to 12. Rules - Court has grid lines. Defenders stand on lines; attackers try to cross without touch. Touch = out; Successful crossing = points.

Cycling Race: Children ride bicycles from start to finish. The first to reach wins. Outdoor games make summer vacation fun and memorable. They help children stay fit and build strong friendships. So, step outside and enjoy the sunshine with these exciting games!

- Ms Kamakshi Kulkarni and Ms Priyanka Kulkarni,
Teachers, PTVEMS (Primary)

भारतरत्न डॉ. बाबासाहेब आंबेडकर जयंती साजरी

'शिका, संघटित व्हा, संघर्ष करा' असा संदेश जनमानसात पसरवणारे भारतरत्न डॉ. बाबासाहेब आंबेडकर यांची जयंती पार्ले टिळक विद्यालय असोसिएशनच्या शाळांमध्ये उत्साहात साजरी करण्यात आली.

परांजपे विद्यालय माध्यमिक विभागात डॉ. बाबासाहेब आंबेडकर यांच्या जयंतीनिमित्त एक प्रेरणादायी व उत्साहवर्धक कार्यक्रम साजरा करण्यात आला. कार्यक्रमाच्या प्रारंभी मुख्याध्यापक श्री. हावके यांच्या हस्ते डॉ. बाबासाहेब आंबेडकर यांच्या तसबीरीस पुष्पहार अर्पण करून त्यांना कृतज्ञतापूर्वक आदरांजली वाहण्यात आली. यावेळी उपस्थित शिक्षक व विद्यार्थ्यांनीही बाबासाहेबांना मनपूर्वक वंदन केले. यानंतर मुख्याध्यापकांनी आपल्या ओजस्वी व प्रभावी भाषणातून डॉ. बाबासाहेब आंबेडकर यांच्या कार्याचा सखोल आढावा घेतला. त्यांनी विद्यार्थ्यांना शिक्षणाचे अनन्यसाधारण महत्त्व, सामाजिक न्यायाची जाणीव आणि चिकाटीने पुढे जाण्याची प्रेरणा देत बाबासाहेबांच्या विचारांची तेजस्वी ज्योत त्यांच्या मनामध्ये प्रज्वलित केली.

डॉ. भीमराव रामजी आंबेडकर यांचा जन्म १४ एप्रिल १८९१ रोजी मध्य प्रदेशातील महु येथे झाला. लहानपणी अनेक अडचणींना तोंड देत त्यांनी आपले शिक्षण पूर्ण केले. अर्थशास्त्र, राजकारण, कायदा अशा अनेक विषयांमध्ये



त्यांनी प्राविण्य मिळवले. 'शिक्षण घ्या, संघटित व्हा आणि संघर्ष करा' हा त्यांचा संदेश आजही लाखो लोकांना प्रेरणा देतो. स्वतंत्र भारताचे संविधान अथक प्रयत्नांनी त्यांनी तयार केले. त्यामुळे त्यांना 'भारतीय संविधानाचे शिल्पकार' असे म्हटले जाते. इ.स. १९९० मध्ये त्यांना मरणोत्तर 'भारतरत्न' हा भारताचा सर्वोच्च नागरी सन्मान प्रदान करण्यात आला. पार्ले टिळक विद्यालय प्राथमिक मराठी शाळेतील श्री. खरपडे सरांनी मुलांना डॉ. आंबेडकर यांच्या कार्याची ओळख परिपाठातून करून दिली.

शिक्षिका मधुरा पाटील सेवानिवृत्त



पार्ले टिळक विद्यालय, मराठी माध्यम माध्यमिक विभागातील शिक्षिका मधुरा हर्षवर्धन पाटील ३१ मार्च २०२६ रोजी सेवानिवृत्त झाल्या.

मधुरा पाटील यांचे शिक्षण बीए, एम ए आणि डीएड असे असून त्यांचा कार्यकाळ तीन शाळांमध्ये विभागला आहे. १९९५ ते २००७ पर्यंत त्यांनी संत ज्ञानेश्वर विद्यालय येथे तर २००७ ते २०१० पर्यंत व्ही. व्ही. देऊलकर हायस्कूल येथे ज्ञानदानाचे कार्य केले. २०१० साली त्या पार्ले टिळक विद्यालयात शिक्षिका म्हणून रुजू झाल्या. अत्यंत हळुवार मनाच्या आणि सर्वांमध्ये मिळून मिसळून वागणाऱ्या मधुरा पाटील यांना वाचन, लेखन आणि भटकंती करण्याचा छंद आहे. बाईना पुढील आयुष्यात उत्तम आरोग्य लाभो आणि अनेक ठिकाणांची भटकंती करण्याची संधी त्यांना मिळो याच शुभेच्छा.

सुद्धीतली फिरण्याची ठिकाणे



गेटवे ऑफ इंडिया

१९११ साली अतिशय सुंदर अशा पिवळ्या बेसाल्ट खडकामध्ये गेटवे ऑफ इंडिया बांधण्यात आले. हे बांधकाम ब्रिटिशांनी केले असले तरी सुद्धा योगायोग म्हणजे १९४७ साली जेव्हा ब्रिटिश भारत सोडून गेले तेव्हाही त्यांना इथूनच भारताचा निरोप घ्यावा लागला. अरबी समुद्राचा सुंदर नजारा इथून दिसतो. पर्यटकांचे खास आकर्षण असलेल्या या ठिकाणाहून बोट पकडून तुम्ही एलिफंटा लेणी पाहण्यासाठी सुद्धा जाऊ शकता. अलिबागला जाण्यासाठी सुद्धा या ठिकाणाहून बोटी सुटतात.



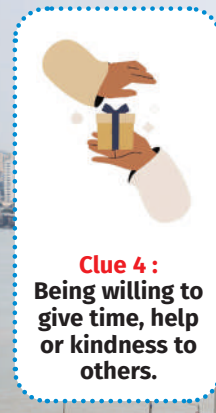
धोबी घाट

भारतातील तसेच परदेशातील पर्यटकांचे आकर्षण असलेले एक थोडे हटके ठिकाण म्हणजे महालक्ष्मी रेल्वे स्टेशन नजीक असलेला धोबीघाट. या परिसरात मुंबईतील बऱ्याच लॉन्ड्री एकवटल्या आहेत. येथे हाताने कपडे धुतले जातात. शेकडो धोबी एकाच वेळी रंगीबेरंगी कपडे तेथील दगडांवर आपटून आपटून स्वच्छ धुवून वाळवतात. हे दृश्य खरोखरच पाहण्यासारखे असते.

मुलांनो उन्हाळी सुट्टी सुरू झाली आहे, तुमच्यापैकी काहीजण गावी जातील तर काहीजणांकडे गावाहून पाहुणे येतील. तर जे मुंबईत राहणार असतील त्यांना या सुट्टीत मुंबईतील किंवा मुंबईच्या जवळील ही ठिकाणे पाहता येतील. आपल्या पालकांना घेऊन या स्थळांना भेट देऊन सुट्टी संस्मरणीय करू.

वांद्रे वरळी सागरी सेतू

राजीव गांधी सी लिंक असे या पुलाचे नाव आहे. क्रीडा आणि स्टीलचा उपयोग करून मजबूत अशा केबलने हा ब्रीज बनवला आहे. याच्या एका बाजूस वांद्रे हे उपनगर असून दुसऱ्या बाजूस वरळीला म्हणजेच साउथ मुंबईला तो जोडलेला आहे. याचे वजन ५६००० आफ्रिकन हत्तींच्या एवढे आहे. हा पूल बांधण्यासाठी ९०००० टन सिमेंट वापरले गेले. यासाठी वापरल्या गेलेल्या स्टीलच्या वायर्सची लांबी ही संपूर्ण पृथ्वीला वेढा घालता येईल एवढी प्रचंड आहे.



Clue 4 :
Being willing to give time, help or kindness to others.



मणिभवन

एकेकाळी गांधीजींच्या वास्तव्याने पवित्र झालेले मणिभवनचे रूपांतर आता एका म्युझियममध्ये करण्यात आले आहे. तिथे गांधीजींच्या वापरातल्या वस्तू, पुस्तक, छायाचित्र यांचा संग्रह करण्यात आला आहे. १९१७ ते १९३४ या प्रदीर्घ काळात गांधीजी येथे राहत असत. याच काळात ब्रिटिशांविरुद्धचा लढा तीव्र झाला होता. एका निःशस्त्र माणसाने संपूर्ण ब्रिटिश साम्राज्याला वेठीस धरले होते. गांधीजींनी सत्याग्रहाचे उभारलेले अस्त्र हे खूपच प्रभावी ठरले होते. त्यांची साधी राहणी आणि उच्च विचारसरणी याची प्रचिती मणिभवन पाहताना आपल्याला येते.

नीता मुकेश अंबानी कल्चरल सेंटर

बांद्रा कुर्ला कॉम्प्लेक्स येथे हे थिएटर वसलेले आहे. येथे विविध प्रकारचे कार्यक्रम सातत्याने सुरू असतात. विविध प्रकारच्या कला आणि भारतीय संस्कृतीतील विविध कार्यक्रम यासाठी हे सेंटर काम करते. या थिएटरमध्ये बसून त्यातील भव्य रंगमंचावरील विविध कार्यक्रमांचा आस्वाद घेणे ही खूप मोठी पर्वणी आहे. यांत्रिकदृष्ट्या बदलता येणारे भव्य सेट्स हे येथील मुख्य आकर्षण आहे.



मुलांनो वरील प्रमाणेच मुंबईत अशा अनेक जागा आहेत जिथे तुम्ही आपल्या पालकांबरोबर जाऊ शकता. उदाहरणार्थ व्हिक्टोरिया टर्मिनस, एलिफंटा केज, कान्हेरी केव्स, प्रिन्स ऑफ वेल्स म्युझियम, मुंबई युनिव्हर्सिटी, काला घोडा, फ्लोरा फाउंटन, एन सी पी ए इत्यादी.. यापैकी तुम्हाला जमेल तितक्या ठिकाणांना तुम्ही नक्की भेट द्या.

श्रीमती स्वामिनी मसुरकर, पार्ले टिळक विद्यालय, मराठी माध्यम, माध्यमिक

बालपणीची उन्हाळी सुट्टी आठवणींमध्ये खास

ना टेन्शन, ना घाई होती
मित्रांसोबत दुनिया छोटी
हसत खेळत वेळ जायचा
तोच काळ सुखाचा वाटायचा

मुलांनो, तुमचे शिक्षक लहानपणी कसे होते, त्यांचं बालपण कसं असेल, असे प्रश्न तुम्हाला नक्कीच पडत असतील. दिवाळीची सुट्टी, गणपतीच्या सुट्टीतली मजा आणि सगळ्यात मोठी सुट्टी म्हणजे मे महिन्याची उन्हाळी सुट्टी. या सुट्ट्यांची आम्ही सुद्धा तुमच्याप्रमाणे अंगदी आतुरतेने वाट बघायची. पण खरं सांगू का मुलांनो, तुमच्यापेक्षा आम्ही जरा जास्तच मजा करायचो. कारण आमच्या वेळी आतासारखे मोबाईल फोन नव्हते, त्यामुळे संपूर्ण सुट्टी ही चंपक, ठकठक, चांदोबा, अरेबियन नाईट्स, पंचतंत्र, इसापनिती, पु. ल. देशपांडे, अत्रे यांच्या कथा- कादंबऱ्या आणि अनेक गोष्टीची पुस्तके वाचायची, आपलं पुस्तक वाचून झालं की मित्रांबरोबर त्या पुस्तकाची अदलाबदल करायची, घराजवळ एखादे शिबिर भरले असेल तर सर्व मित्रांबरोबर तिथे जाऊन मजा करायची, दुपारी जवळच्या एखाद्या मैत्रिणीच्या घरी जाऊन कॅरम, पत्ते, लुडो असे बैठे खेळ खेळायचे आणि ऊन सरल्यावर लगेच ग्रांडडवर पळायचं. मग पहिली दहा मिनिटं तर आज कोणता खेळ खेळायचा यातच जायची. कधी लपंडाव, चोर पोलीस, भोवरा आणि बॅडमिंटन असे एक ना अनेक खेळ खेळायचो, यात आईने दोन-तीन वेळा हाका मारलेल्या असायच्या आणि तिची वॉर्निंग हाक क** सुरात यायची तेव्हा मात्र घरी धूम ठोकायची.

गावाकडे जायचो सुट्टीत आम्ही
आजोळी मिळायची माया भारी
आंबे करवंद खेळ निराळे
ते दिवस होते जगा वेगळे

जेव्हा आई-बाबा आमच्यासोबत वेळ घालवण्यासाठी उन्हाळ्याच्या सुट्टीत खास रजा घ्यायचे; तेव्हा सर्व मिळून आजोळी जायचो आणि तिथे तर जी धमाल केली आहे ती कदाचित तुम्हा मुलांना आता अगदीच निराळी वाटेल. आज- आजोबा तर आधी घट्ट कुशीत घ्यायचे. युट्युबवरील रेसिपी आणि पाककृतींची पुस्तकं नसतानाही माझी आजोळी आमच्यासाठी रोज सुग्रास जेवण बनवायची. घरच्या तुपातला गुळाचा शिरा, पळसाच्या पानात तयार केलेली खमंग पान भाकर, ग्लासात



रवा व दहाच मिश्रण तयार करून तयार केलेले जामसे, अळूवडी, कोथिंबीर वडी, असे नानाविध पारंपरिक पदार्थ आपल्या नातवंडांसाठी रोज वेगळा पदार्थ असे. गाय गोठ्यात नेऊन आजोबांनी आम्हाला दिलेल्या धारोण दुधाची चव आता कित्येक वर्षात मिळाली नाही. आजोबाही बाजाराच्या दिवशी गावाबाहेर येऊन भरपूर खाऊ एकाच वेळी आणून ठेवायचे. गावातच कायम राहणारी आमची चुलत भावंडं खूप खुश व्हायची, मामा, काका आणि सर्व भावंडं मिळून शेतात जायचो, शेतातला रानमेवा जांभूळ, करवंद, पांढऱ्या रंगाचे जाम, ताडगोळे, फणस, काजू अगदी मनसोक्त खायचो. सूर पारंब्या, लंगोरी, कंचे, विटी दांडू या खेळांची ओळख मला गावातच झाली. वनभोजनाची मजा नेमकी कशी असते हे आमच्या गावात राहणाऱ्या भावंडांनी आम्हाला शिकवली. प्रत्येकाच्या घरून आणलेला वेगवेगळ्या प्रकारचा खाऊ एकत्रितरित्या शेतात बसून खायचा, शेतातल्याच एखाद्या पसरलेल्या वाकलेल्या चिंचेच्या झाडाला दोरखंड घट्ट बांधून झोपाळा तयार करायचा, त्यावर टर्न बाय टर्न लांब सर असे झोके घ्यायचे आणि वर्षभर साठलेल्या गप्पा त्या शेतातच डेरदार झाडाखाली सावलीत बसून मारण्यात जी मजा आहे ना ती आता सुसज्ज अशा एसी हॉलमध्ये सुद्धा मिळत नाही.

रात्रीची जेवण आटोपली की ओटीवर सगळे लहान थोर एकत्र बसायचे. आई - बाबा, मामा, मावशी, आजो - आजोबा त्यांच्या बालपणीच्या गोष्टी आम्हाला सांगायचे. भुताखेतांवर कितीही विश्वास नसला तरी सुद्धा अशा चित्तथरारक गोष्टी ऐकण्यात खूप जणांना मजा येते आणि प्रत्येक घरामध्ये असा एखादा काका किंवा

मामा नक्की असतो जो अशा गोष्टी अति रंगवून सांगतो. असाच माझाही एक मामा आहे, जो गोष्ट अशा पद्धतीने सांगतो की तुम्ही जणू काही तो चित्रपटच बघत आहात असं वाटतं. त्याच्या गोष्टीमध्ये भूत, रात्री घोड्यावर बसून फिरणारा गावचा राखणकर्ता आणि आपण कधीही न ऐकलेली मंडळी असायची आणि जणू काही यांना तो नियमितपणे भेटत असावा या रुबाबात तो आमच्यासमोर गोष्ट सादर करायचा. आमची भीतीने गाळण उडायची. माझे आजोबा शिक्षक होते, आता तुम्ही भाषा विषयांमध्ये जे पत्रलेखन अभ्यासता त्याची सर्वात पहिली ओळख माझ्या आजोबांनी आम्हा भावंडांना करून दिली होती. कुठे पत्ता लिहायचा, पत्र कसं लिहायचं हे सगळं काही एवढं छानप्रकारे शिकवलं की त्यानंतर मी आणि माझ्या भावाने त्यांना खूप वेळा पत्र लिहिली होती. त्यांनी खास आमच्यासाठी लिहिलेली पत्र वाचताना एक वेगळाच आनंद व्हायचा. मुलांनो मोबाईल्स, ई-मेलच्या या जगात तुम्ही पत्र लेखनाची मजा अजूनही अनुभवू शकता आणि तुम्ही लिहिलेलं पत्र तुमच्यापासून लांब राहणाऱ्या आजो किंवा आजोबांना ते वाचताना कदाचित सर्वात जास्त आनंद होईल.

आता हे लिहिताना सुद्धा मी बालपणीच्या सुट्टीतल्या सर्व आठवणींमध्ये रमून गेले. सुट्टी संपत आली की पुन्हा शाळेचे वेध लागायचे. मग सुट्टीतच युनिफॉर्म, नवीन बॅग, वहा - पुस्तकांच्या खरेदीचा एक खास दिवस असायचा आणि पुन्हा एकदा शाळेच्या पहिल्या दिवसाची आतुरता लागलेली असायची.

मोठं होताना कळलं बालपण तर मागेच राहिलं, पण त्यातली गोडी मनात कायमच ताजी राहते.

बाळांनो, म्हणून बालपणीचा काळ हा सर्वात सुखाचा, रम्य असा मानला जातो. याच काळात मिळवलेल्या सुखद आठवणी तसेच मोठ्यांकडून घेतलेले सुसंस्कार आणि शिकलेली नवीन कौशल्य आपल्या कायम स्मरणात राहतात.

बालपणीची सुट्टी आली, आनंद भरला मनात,
मित्रांसोबत खेळताना, दिवस जायचा क्षणात.
आंब्याच्या झाडाखाली, गोष्टी रंगायच्या छान,
सायकलच्या फेऱ्यांमध्ये, हसू असायचं महान.
चिंता काहीच नसायची, फक्त मजेचा उत्सव,
बालपणीची ती सुट्टी, आठवणींमध्ये खासच नव.

- श्वेता ब्रिजेश संख्ये

स्क्रीन पासून दूर, निसर्गाच्या जवळ हाच खरा उन्हाळी सुट्टीचा आनंद

वार्षिक परीक्षा संपणे हा आमच्यासाठी मोठा उत्सव असायचा. जवळजवळ दीड महिना शाळेला सुट्टी, अभ्यासाच्या ताणातून मुक्त, मज्जा, मस्ती आणि मामाच्या गावाला जाणे हाच आमचा उद्योग. दीड महिना मज्जा करणे हा हेतू सोडला तर बाकी काहीच डोक्यात नसायचे.

गावी गेले की गावातील माणसांचे राहणीमान, बोलीभाषा, शेळ्या किंवा गाई चरायला नेणे, रानमेवा जमा करणे, नदीवर पोहायला जाणे, गावातील मंडपातील लग्न अनुभवणे, वरातीत नाचणे असे बरेच काही..... पण आता समजते की यातून आमचा शारीरिक, मानसिक आणि भावनिक विकास झाला. कधी एखाद्या वर्षी गावी जायला जमले नाही तर शहरात देखील तेवढीच मज्जा करायची. कॅरम, बुद्धिबळ, सापशिडी असे बैठे खेळ तर लंगोरी, फूटबॉल, क्रिकेट असे मैदानी खेळ खेळायचे. दुपारी सगळ्या मित्रांनी आपल्या घरातून काही वस्तू आणून सरबत, भेळ तयार करून खाणे, छंद वर्गाला जाणे, म्हातारीचा बूट, राणीची बाग, मत्स्यालयाला भेट देणे या गोष्टी करताना आमचा सर्वांगीण विकास कधी झाला हे समजलेच नाही.

मित्रांनो, या सर्व गोष्टी आम्ही का करू शकलो माहीत आहे? कारण मोबाईल नसल्याने आमच्याकडे खूप वेळ असायचा. त्यावेळेस आम्ही खूप काही करायचो. पण आता सर्व खेळांची, फिरण्याची आणि मज्जा करण्याची जागा मोबाईलने घेतली आहे. मोबाईलमध्येच आपण रिल्सद्वारा भटकंती करतो. ऑनलाईन गेम्स खेळतो. त्यामुळे तुम्हाला



सुट्टीत शिकण्यासारख्या गोष्टी

शहरातील मुले

- विविध छंद वर्गात सहभाग घेणे.
- संगणकावर पीपीटी तयार करणे.
- चहा, पोहे, उपमा बनवायला शिकणे.
- बैठे खेळ खेळणे. (कॅरम, बुद्धिबळ, सापशिडी)
- समुद्रावर फेरफटका मारणे.
- सरबत तयार करणे.
- राणीची बाग, तारापोरवाला मत्स्यालय, प्रिन्स वेल्स ऑफ म्युझियम, गेटवे ऑफ इंडियाला भेट देणे.
- नॅशनल पार्कला छोटी पिकनिक काढणे.
- आईला घरकामात मदत करणे.
- परिसरातल्या देवळात देवाचे दर्शन घेणे.

वेळ कधी जातो कळत नाही. तुमचा शारीरिक, मानसिक आणि भावनिक विकास खुंटला आहे. तुम्ही एकलकीने होत आहात. म्हणूनच या सुट्टीत मोबाईल बाजूला ठेवून गावी गेलात किंवा शहरात राहिलात तर काय प्लॅन करायचा याची

- लोणची, मोरंबा, पापड बनवायला आईला मदत करणे.
- गावातील मुले
- नदीवर पोहायला जाणे.
- गुरे चरायला नेणे.
- काजू, आंबे कलम करणे.
- रानमेवा जमा करायला जाणे.
- गड, किल्ल्यांना भेटी देणे.
- गावातील सांस्कृतिक कार्यक्रम बघणे. (दशावतार, बाल्या डान्स, झाकडी)
- शेतात कामाला जाणे.
- गावचे पारंपरिक खेळ खेळणे. (विटीदांडू, आठ्यापाट्या, झोका, लपाछपी)
- नदीवर मासे पकडणे.
- तालुक्यातील बाजारपेठेला भेट देणे.

चेकलिस्ट खाली देत आहे. तुम्हाला त्यात शक्य गोष्टींवर टिक मार्क करायची आहे आणि शाळा सुरू झाल्यावर आम्हाला तुमचे अनुभव सांगायचे आहेत.

So let's enjoy !

- हेमंत गंगाराम शेळके

सुट्टीत गावी एकत्र कुटुंबात राहायची मज्जाच वेगळी

मी मूळची विदर्भातली, अकोला माझं गाव. त्यामुळे उन्हाळी सुट्टीमध्ये तापमान ४० डिग्रीच्या वरच असायचे. आमच्या गावी मुंबईसारखी फ्लॅट सिस्टीम नव्हती. आमची बैठी घरं, समोर वहाडा, बगीच्यामागे परसबाग आणि चारही बाजूंनी भरपूर मोठी मोठी झाडे. उन्हाळ्यात जास्त तापमान असल्यामुळे आई सकाळी १० नंतर बाहेर पडू घ्यायची नाही. पण आमची घरं मोठी, कुटुंब पण मोठं, त्यामुळे चुलत सगळी भावंडं एका छताखाली राहायचो आणि खूप धमाल करायचो. कॅरम, लुडो, साप शिडी, लपाछपी, पत्ते यात आमचा वेळ खूप छान जायचा. त्यानंतर उन्हाळ्यातील घरातील कामात मदत करायला आई आम्हाला हाताशी घ्यायची. पापड, लोणची, शेवया, कुरडया, मुगवड्या सगळं आई घरी बनवायची. आता हे सगळं रेडी मिळतं पण



त्याला आईच्या हातची चव नाही. तसेच आता कुटुंब लहान झाली. घरं लहान झाली. सगळ्यांना आपली स्पेस हवी, त्यामुळे एकत्र असूनही एकत्र राहण्याची मजा आता संपली.

- निशा अविनाश हिंगणकर

काचा पाणी, कवड्यांचा खेळ, सागरगोटे...

१९८५ मध्ये मी दहावी झाले. माझं बालपण ७०-८० च्या दशकातील. त्या काळात आतासारखी मनोरंजनाची विविध साधने उपलब्ध नव्हती. फक्त टीव्ही. तो पण संध्याकाळी ६.३० नंतर सुरू व्हायचा. आई शिक्षिका असल्याकारणाने उशीरा म्हणजे सकाळी ७ वाजता उठावे लागायचे आणि त्यानंतर शुद्धलेखन, पांढे आणि गणिते सोडवणे अशी अभ्यासाची सक्ती होती. ती तेव्हा त्रासदायक वाटायची पण त्याचा पुढच्या आयुष्यात खूपच उपयोग झाला. आज मी गणित छान शिकवते, माझं अक्षर सुंदर आहे हे सर्व त्या सक्तीचे परिणाम आहेत.

असो थोडा अभ्यास झाल्यावर मग दिवसभर मोकळीक असे. त्यात दुपारी आम्ही गोष्टीची पुस्तके वाचत असू, घरात बसून खेळायचे खेळ, काचा पाणी, कवड्यांचा खेळ, सागरगोटे, सापशिडी, कॅरम, पत्ते, खेळायचो. आणि साडेचार वाजले की बाहेर पळायचो. मग मैदानी खेळ, राम -लक्ष्मण, रंग रंग कोणता रंग, क्रिकेट, बॅडमिंटन, दोरीच्या उड्या, लपाछपी, डब्बा ऐसपैस असे अनेक खेळ खेळायला वेळ कमी पडायचा.



सात - साडेसातला नाईलाजाने घरी जावे लागे. त्यानंतर थोडावेळ टीव्ही वरील कार्यक्रम बघायचा. जेवणं झाली की गप्पा आणि एवढं खेळून असली झोप यायची की विचारू नका.

सुट्टीच्या दिवशी दिवसभर काय करायचे हा प्रश्न कधी आम्हाला पडलाच नाही. आताची मुलं एवढे गेम्स असूनही कंटाळा आला असे सतत रडत असतात.

- जयश्री वैभव परब

I still remember the day I walked into a new school, wearing a new uniform and stepping through unfamiliar corridors. We had shifted homes, but no one really prepares you for how unsettling that can feel as a teenager. I had once been a confident student, known and recognised. Suddenly, I was just another name on the register.

I answered questions correctly and did everything expected of me, yet I carried a quiet emptiness within. I was not struggling with studies. I was struggling with belonging.

Days passed in silence until Sports Day arrived.

I stepped onto the field without any great expectation. But the track did not care who knew me. It simply asked me to run. With quiet perseverance, I gave my best. One race, I

From Being Invisible To Visible

won. Then another. Hurdles, sprints, long jump, shot put. I kept winning.

Slowly, things began to change, not just on the scoreboard but in the way people looked at me. House captains came rushing, asking who I was and wanting me on their team. We ran the relay, and we won.

Then came the moment I will never forget.

I was declared Champion.

For a brief second, everything stood still. The applause, the cheers, all of it washed over me. I looked at my PT teacher. His



pride was unmistakable. And in his eyes, I felt something I had missed for days: recognition. Not just for winning, but for being seen.

That day, I did not just win races. I found my place again.

What stayed with me was a deeper realisation. A child's sense of belonging is fragile, yet it can be restored so easily. I had not changed. My abilities were the same. The only difference

was that I was seen.

Today, as a teacher, that memory guides me. I notice the child who answers well but sits alone. I look out for the new student who is still searching for a place to belong.

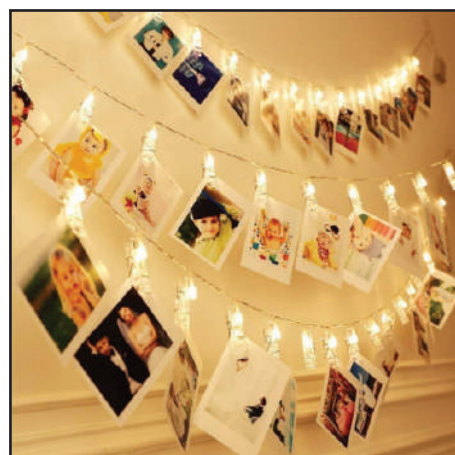
Sometimes it is a small opportunity.

Sometimes it is a word of encouragement.

Sometimes it is simply saying a name with warmth.

Because sometimes, all it takes is one moment, one opportunity, one recognition to turn an invisible child into someone who feels that they truly belong.

- Kavita Kapoor,
Teacher, PTVEMS (Secondary)



A Picture Is Worth A 1000 Words!

Have you ever looked at a photo and instantly smiled? Your Memory Photo String is like a mini story of your holidays! It helps you relive your favourite moments and turn your moments into beautiful displays. Get ready to turn your memories into something colourful, joyful and uniquely you!

Follow these simple steps to create your beautiful Memory Photo String:

Step 1: Collect 5-7 of your favourite vacation photos (You may also draw pictures if photos are not available)

Step 2: Take a string, ribbon, or wool of your choice

Step 3: Attach your photos to the string using: Clips / clothespins, tape, or glue

Step 4: Decorate your string creatively with: Stickers, colours, small drawings, or borders

Step 5: Write a short caption (3-5 words or a simple sentence) for each photo

Step 6: Give your photo string a creative title (e.g., My Happy Holidays, Summer Fun)

Final Step: Keep your photo string safely and bring it to school when it reopens

Enjoy the process and let your creativity shine!

- Team PTV ICSE (Primary)

TRY
AT HOME

Photography, Balancing on Football, Ridhaan does it all!

Ridhaan Shah (Std. V B) of PTV (ICSE) proudly shares two unique talents that reflect both skill and creativity.

His first talent—balancing on a football—requires focus, patience, and regular practice. Though challenging, Ridhaan enjoys perfecting this skill every day. It strengthens his balance and concentration, and fills him with a sense of achievement each time he succeeds.

His second talent is photography. Ridhaan loves capturing moments from nature and everyday life through his lens. With a keen eye for detail, he

Hidden
Talent

carefully observes his surroundings before clicking pictures. Through photography, he beautifully expresses the world as he sees it.

These talents not only bring him joy but also help him grow more confident and curious. Ridhaan's journey reminds us that with practice and passion, every talent can shine brightly.



Raisins
move to
the top
and
hit the
bottom
and so
on...



The Dancing Raisins

The dancing raisins experiment is a classic science activity that demonstrates the principles of density, buoyancy, and states of matter.

When you drop raisins into a carbonated liquid like Sprite or club soda, they appear to "dance" by rising to the surface and sinking back down in a continuous cycle. The "dancing" effect is caused by a repeating physical cycle involving gas bubbles and the raisin's physical properties.

Initial Sinking: At the start, the raisins are denser than the liquid (like water or soda), which causes them to sink to the bottom of the glass.

Bubble Attachment: Carbonated drinks contain dissolved carbon dioxide (CO₂) gas. These gas molecules form tiny bubbles

that attach to the rough, wrinkled surface of the raisins.

Rising (Increased Buoyancy): As more bubbles stick to a raisin, they act like tiny life jackets. This increases the raisin's volume without significantly increasing its mass, which lowers its overall density and increases its buoyancy. Eventually, the upward buoyant force is strong enough to lift the raisin to the surface.

Sinking Again: Once the raisin reaches the surface, the bubbles pop when they come into contact with the air. Without the bubbles to support it, the raisin's density increases again, and it sinks back to the bottom to repeat the process.

-Tejaswini Gurav
(Std. IX A),
PTVA's EMS, Andheri

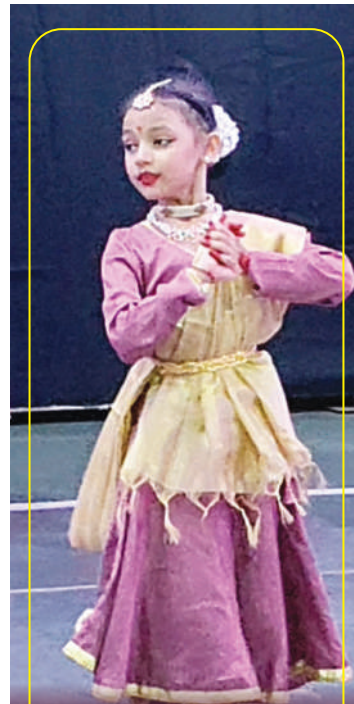
TRY
AT HOME

Hidden
Talent

Dhyana's every step filled with Kathak

Dhyana Shah (Std. III D) of PTV (ICSE) began her Kathak journey at the age of three. Showing remarkable dedication and keen interest from a young age, she has successfully passed the Akhil Bharatiya Gandharva Mahavidyalaya's First Examination in Kathak with distinction.

Dhyana has performed on various stages, notably portraying young Radha in the production "Sathvaro Shree Radhe Shyamno," with shows across Mumbai and beyond. She is also trained in semi-classical and folk dance and is currently learning contemporary dance. She continues to train diligently, aspiring to become a professional Kathak dancer.



Celebrating the Magic of the Written Word

Every year, as we celebrate World Book Day on April 23, we aren't just honouring paper and ink, we are celebrating the portal to a thousand different lives.

For students and lifelong learners alike, this day serves as a vibrant reminder that between the covers of a book lies the power to travel through time, cross borders without a passport, and find a friend in a complete stranger's thoughts. In every corner of the world, books act as bridges—connecting people, cultures, ideas, and generations. They are not just a collection of pages, but a treasure of knowledge, imagination, and inspiration.

In a fast-moving digital world, books remain our true companions. They inspire us to dream bigger, think deeper, and grow wiser. Every book we read adds a new dimension to our thoughts and shapes who we become.

This summer, let the celebration continue beyond the calendar. Pick up a book in a language you're learning, explore a genre



you've ignored, or revisit a childhood favourite. Remember, you are never truly alone if you have a book in your hand. The next chapter

is yours to write—and to read.

On this special day, let us take a moment to appreciate the value of reading. Let us encourage ourselves and others to pick up a book, explore new ideas, and keep the flame of curiosity alive. Because a single book can change a life, and a habit of reading can change the world.

PTVA's EMS, Andheri hosted a Book Exhibition to celebrate the joy of reading and the importance of books in our lives. The exhibition showcased a wide variety of books, ranging from storybooks, novels, and biographies to educational and reference materials. It provided a wonderful opportunity for students to interact with books beyond their textbooks and experience the joy of reading.

Summer vacation is the perfect time for students to relax, explore new interests, and develop good habits, and reading is one of the best habits to cultivate. So, this summer, let us open a book, turn the pages, and let our

imagination soar.

Students can explore books like –

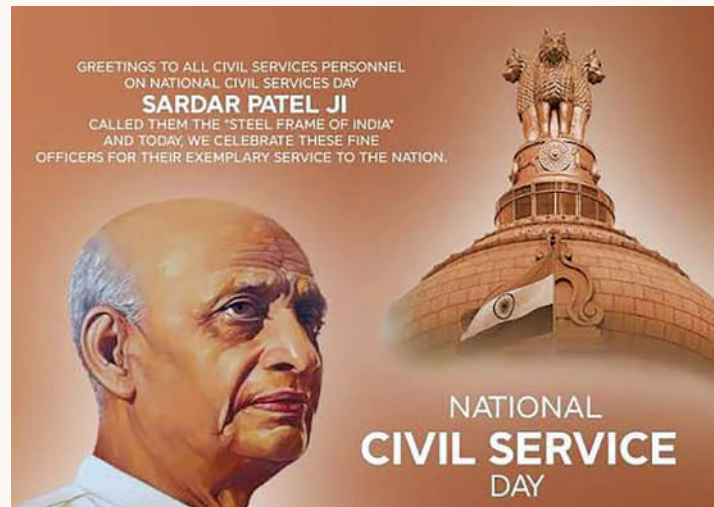
- Wings of Fire — by A. P. J. Abdul Kalam
 - Angry River — by Ruskin Bond
 - Atomic Habits — by James Clear
 - The Room on the Roof — by Ruskin Bond
 - Grandma's Bag of Stories — by Sudha Murty
 - The Diary of a Young Girl — by Anne Frank
 - अकबर- बीरबल की कहानियां
 - मधुशाला — हरिवंश राय बच्चन
 - ईदगाह — मुंशी प्रेमचंद
 - पंचतंत्र कथा - विष्णु शर्मा
 - श्यामची आई - साने गुरुजी
 - वपुर्झा - व.पु. काळे
 - हाती ज्यांच्या शून्य होते - अरुण शेवते
 - व्यक्ती आणि वल्ली - पु. ल. देशपांडे
 - हरवलेल्या गोष्टींचे रहस्य - सुधा मूर्ती
- Mrs Swara Jangam, Librarian, PTVA's EMS, Andheri**

A Day For The Unsung Heroes

Every year on April 21, India celebrates National Civil Services Day. It is a day dedicated to the men and women who work behind the scenes to run our country—the civil servants. From the District Collector who manages your city to the officers who plan national policies, these individuals are the "silent architects" of India's growth.

Why April 21? This date is historic. On April 21, 1947, Sardar Vallabhbhai Patel (India's first Home Minister) addressed the first batch of administrative officers. In his famous speech, he called civil servants the "Steel Frame of India." He meant that they are the permanent strength that keeps the country stable, even when governments change. What is their role? Civil servants—like those in the IAS, IPS, and IFS—ensure the country runs smoothly. Their work includes: Implementing Laws: Making sure government schemes (like free education or healthcare) actually reach the people. Safety: Maintaining law and order in our towns and cities. Development: Building infrastructure like roads, bridges, and digital networks. Crisis Management: Leading relief efforts during natural disasters like floods or pandemics.

On this day, the Prime Minister presents awards for Excellence in Public Administration. These awards honour officers who have found innovative ways to solve public problems—such as using technology to help farmers or improving school facilities in remote villages. Why does it matter to students? Civil Services Day isn't just for officers; it's an inspiration for students. It reminds us that a career in the civil services is a unique opportunity to serve the nation and make a real difference in millions of lives. To join, one must clear the UPSC exam, which tests not



just knowledge, but also character and dedication. As we celebrate this day, we honour the spirit of "Service Above Self" and the hard work that keeps our democracy strong.

- Mrs Mrinalini Mhetre, Principal, PTVA's EMS, Andheri



Clue 5:
Treating everyone with dignity and honour.

पान १ वरील श्लोकाचा अर्थ :

"The time of the wise passes in the enjoyment of poetry and learning, while that of the foolish is spent in vices, sleep, or quarrels."

मानवतेची सेवा करणारा रेड क्रॉस दिन

रेड क्रॉस दिन हा मानवतेची सेवा आणि मदतीची भावना जपण्यासाठी साजरा केला जाणारा एक महत्वाचा दिवस आहे. दरवर्षी ८ मे रोजी हा दिवस जगभर साजरा केला जातो. हा दिवस International Red Cross and Red Crescent Movement (आंतरराष्ट्रीय रेड क्रॉस आणि रेड क्रसेंट चळवळ) या संस्थेच्या कार्याचा सन्मान करण्यासाठी साजरा केला जातो. या संस्थेची स्थापना 'हेन्री ड्युनॉट' यांनी केली होती.

रेड क्रॉस संस्थेचे मुख्य उद्दिष्ट म्हणजे आपत्ती, युद्ध, अपघात किंवा नैसर्गिक संकटांच्या वेळी जखमी व गरजू लोकांना मदत करणे. ही संस्था धर्म, जात, भाषा किंवा देश यांचा भेदभाव न करता सर्वांना समान मदत करते. त्यामुळे ही संस्था मानवतेचे प्रतीक मानली जाते.

८ मे हा दिवस हेन्री ड्युनॉट यांच्या जयंतीनिमित्त रेड क्रॉस दिन म्हणून साजरा केला जातो. त्यांनी युद्धात जखमी सैनिकांची सेवा करून मानवतेचा आदर्श ठेवला. त्यांच्या या महान कार्यामुळे रेड क्रॉसची स्थापना झाली. आजच्या काळात रेड क्रॉस संस्था रक्तदान शिबिरे, आपत्ती व्यवस्थापन, आरोग्य सेवा आणि



शिक्षण यांसारख्या अनेक उपक्रमांद्वारे समाजाची सेवा करत आहे. संकटाच्या काळात ही संस्था लोकांसाठी आशेचा किरण ठरते. रेड क्रॉस दिन आपल्याला "मानवतेची सेवा हीच खरी सेवा आहे", हा महत्वाचा संदेश देतो. आपणही इतरांना मदत करण्याची सवय लावली, तर समाज अधिक चांगला आणि सुरक्षित होईल.

**- समृद्धी प्रमोद पाटील (८-१)
परांजपे विद्यालय माध्यमिक शाळा**

World Earth Day 2026: Our Power, Our Planet

Earth Day is celebrated every year on April 22. It is an annual event observed by people, all across the world. The first Earth Day was celebrated in 1970.

'Earth' is the only planet in the universe known to support life. It is essential to protect the Earth's natural resources to sustain life here. April 22 was chosen as Earth Day to raise awareness about the importance of our planet.

Earth Day is not only a time to appreciate the beauty of nature but also to reflect on how we can protect it. From recycling to using less energy, there are many ways we can help keep the Earth healthy.

At PTVA's EMS, Andheri, the Earth Day was celebrated with plantation in the school's Nature Park and paper upcycling activity for handmade paper under the guidance of our Eco Club mentor Mrs Rashmi Joshi.



On this occasion, let's resolve to take small steps every day, like keeping our surroundings clean, saving fuel, energy, and water, and planting more trees. Together, we can create a better

place to live, for ourselves, and for future generations. Let's love and care for our beautiful planet!

- Mansvi Patkure (Std. IXA), PTVA's EMS, Andheri

Because Every Life Matters...

On the occasion of the National Pet Day, students of PTV ICSE (Secondary) shared their views on responsible pet ownership and raising awareness on animal care. They also shared the photographs of their pets showcasing the bond they share with their pets.

As part of the celebration, Vivaan Gadre (Grade 8) presented a thoughtful and engaging video featuring his pet. In this video, he shared his personal experiences of living with and caring for his pet, highlighting the joy, companionship, and emotional support that pets bring into our lives. He also emphasised on pet care tips such as maintaining proper hygiene, providing nutritious food, ensuring regular veterinary check-ups, and giving pets adequate love, attention, and a safe environment.

A key highlight of the presentation was the strong message advocating pet adoption. The students encouraged everyone to adopt pets from shelter homes instead of purchasing them from pet shops. It emphasised that adoption not only gives homeless animals a second chance at life but also helps reduce the



Clue 6:
The duty to perform tasks.

number of abandoned animals in shelters.

The observance of National Pet Day reinforced the importance of empathy towards animals and encouraged students to become responsible and compassionate pet owners in the future.

Paws, Shells & Stories

Celebrating World Pet Day at PTV (ICSE)

Pets are more than just animals—they are companions, friends and family. On the occasion of World Pet Day, students of PTV (ICSE) shared heartwarming stories about their beloved pets. Along with their write-ups, students also shared joyful pictures capturing their special bond.

Hriyansh Wagh
Grade 4A

Pets: Leo & Meo (Turtles)

Hriyansh introduced his calm and fascinating turtles, Leo and Meo. He shared how they enjoy simple foods like vegetables and need clean water daily. Caring for them has taught him responsibility and patience.

Aarush Kadam
Grade 4A
Pet: Simba
(Golden Retriever)

Aarush described Simba as playful, intelligent, and loving. From playing with his favourite ball to understanding commands like sit and stay, Simba is truly a joyful companion and a part of the family.

Mahira Bhatt | Grade 5B
Pet: Ram (Land Tortoise)

Mahira shared her bond with Ram, who has been part of her family for 14 years. She lovingly cares for him by feeding vegetables and ensuring he stays clean and comfortable.



Aarush Kadam



Hriyansh Wagh



Mahira Bhatt



Vivaan Khidbide

Vivaan Khidbide
Grade 5B | **Pet: Joey**
(German Shepherd)

Vivaan's energetic dog Joey loves playing fetch and football. His adorable habit of waiting at the door shows his loyalty and affection, making him a truly special part of

the family.

These delightful stories remind us that pets fill our lives with unconditional love, teach us responsibility, and bring endless happiness. Pets may be small in size, but they leave the biggest paw prints on our hearts.

वृत्तपत्र स्वातंत्र्य दिन : लोकशाहीचा खरा पाया

दरवर्षी ३ मे रोजी जगभरात वृत्तपत्र स्वातंत्र्य दिन (World Press Freedom Day) साजरा केला जातो. हा दिवस माध्यमांच्या स्वातंत्र्याचे महत्त्व अधोरेखित करण्यासाठी आणि पत्रकारांच्या हक्कांचे संरक्षण करण्यासाठी पाळला जातो. हा दिवस १९९३ साली United Nations ने घोषित केला.

लोकशाही व्यवस्थेत माध्यमांना "चौथा स्तंभ" असे म्हटले जाते. वृत्तपत्र, दूरदर्शन, रेडिओ आणि डिजिटल माध्यमे समाजातील घडामोडी जनतेपर्यंत पोहोचवतात. ते फक्त बातम्या देत नाहीत, तर लोकांच्या समस्या मांडतात, सरकारच्या कामावर लक्ष ठेवतात आणि अन्यायाविरुद्ध आवाज उठवतात. त्यामुळे नागरिकांना योग्य माहिती मिळते आणि ते योग्य



निर्णय घेऊ शकतात. मात्र, जगातील अनेक देशांमध्ये पत्रकारांना स्वातंत्र्याने काम करताना अनेक अडचणींना सामोरे जावे लागते. काही वेळा त्यांच्यावर दबाव टाकला जातो, धमक्या दिल्या जातात किंवा त्यांच्यावर हल्लेही होतात. त्यामुळे पत्रकारांचे संरक्षण करणे आणि त्यांना निर्भयपणे काम करण्याचे स्वातंत्र्य देणे अत्यंत

गरजेचे आहे.

वृत्तपत्र स्वातंत्र्य दिनाच्या निमित्ताने विविध कार्यक्रम, चर्चासत्रे आणि जनजागृती मोहिमा आयोजित केल्या जातात. लोकांना अभिव्यक्ती स्वातंत्र्य, माहितीचा अधिकार आणि जबाबदार पत्रकारितेचे महत्त्व समजावले जाते. तसेच माध्यमांनीही निष्पक्ष, सत्य आणि जबाबदार राहणे आवश्यक आहे. आजच्या डिजिटल युगात सोशल मीडियाचा वापर मोठ्या प्रमाणात वाढला आहे. त्यामुळे खोटी माहिती (fake news) पसरवण्याचा धोका वाढला आहे. अशावेळी सत्य आणि पडताळलेली माहिती देणे ही माध्यमांची मोठी जबाबदारी आहे.

- धन्य मेस्त्री (८-१)

परांजपे विद्यालय माध्यमिक शाळा

थोर गणितज्ञ रामानुजन

श्रीनिवास रामानुजन हे भारतातील थोर गणितज्ञ होते. त्यांनी गणिताचे कोणतेही औपचारिक शिक्षण घेतले नव्हते. तरी देखील अनेक गणितीय संकल्पना सहज सोप्या पद्धतीने त्यांनी उलगडून सांगितल्या. त्यांनी अनेक नवीन गणिती प्रमेये तयार केली. २६ एप्रिल रोजी त्यांची पुण्यतिथी असून त्यानिमित्ताने पार्ले टिळक विद्यालय मराठी माध्यमच्या प्राथमिक शाळेतील मुलांना त्यांची ओळख परिपाठातून करून देण्यात आली. त्यांचा एक गणिती जादूचा चौरस खाली दिला आहे. तो वाचा आणि त्याप्रमाणे दुसरा तयार करा.



महात्मा जोतिबा फुले जयंती



जोतिबा फुले यांची ओळख परिपाठातून करून देण्यात आली.

जोतिबा फुले यांचा जन्म ११ एप्रिल १८२७ रोजी सातारा येथे झाला. त्यांना महामा फुले म्हणून ओळखले जाते. तत्कालीन स्त्रियांना शिक्षित करण्यासाठी त्यांनी खूप प्रयत्न केले. स्त्री शिक्षणाचे प्रणेते म्हणून त्यांची ओळख आहे. त्यांनी सत्यशोधक समाजाची देखील स्थापना केली. त्यांनी १८४८ साली पुण्यामध्ये भिडे वाड्यात मुलींची पहिली शाळा सुरू केली. स्वतःच्या पत्नी सावित्रीबाई फुले यांना त्यांनी प्रथम शिक्षित केले आणि मुलींच्या शाळेत त्यांचा शिक्षिका म्हणून काम करण्यास प्रेरित केले. समता, शिक्षण आणि सामाजिक न्याय यासाठी त्यांनी आपले संपूर्ण आयुष्य वेचले. जोतिबा फुले यांच्या जयंतीदिनी पार्ले टिळक विद्यालय प्राथमिक शाळेतील मुलांना

चैत्रगौर विशेष आंबाडाळ



चैत्र महिना म्हणजे सर्व ऋतूंचा राजा. या ऋतूराजाचं स्वागत करण्यासाठी कोकिला कुहू गात असते. फुलांना बहर आलेला असतो. फळांचा राजा 'आंबा' याच ऋतूत सगळीकडे बहरलेला असतो. त्यामुळे घराघरात कच्च्या कैरीचे पदार्थ केले जातात.

आंबाडाळ, पन्हे, आंबोणी, कांदा कैरीची चटणी, मेथांबा असे अनेक पदार्थ जिभेला तृप्त करतात. बऱ्याच घरात चैत्रगौराचे हळदीकुंकू केले जाते. हळदीकुंकूवाला मान असतो तो आंबाडाळ आणि पन्हाला. सुक्या खोबऱ्याची खिरापतही भाव खाऊन जाते. भिजलेले हरभरे सुवासिनीच्या ओटीमध्ये विसावतात. यामध्ये सगळ्यांचा आवडता पदार्थ म्हणजे 'आंबाडाळ'.

आता ही आंबाडाळ कशी करायची पाहूया. भिजवलेली हरभऱ्याची डाळ, किसलेली कच्ची कैरी, वाटलेली ओली मिरची, थोडेसे लाल तिखट आणि मीठ, चवीला थोडीशी साखर आणि भरपूर कोथिंबीर एकत्र करून घ्या. वरून चरचरून घातलेली तेलाची फोडणी त्यात मिसळा. वा वा! नुसत्या वासानेच तोंडाला पाणी सुटते. अशी आंबाडाळ सगळ्यांनी घरी करून पाहा हं!

पार्ले टिळक विद्यालय मराठी माध्यम प्राथमिक



PTV ICSE (Primary)



PTV ICSE (Secondary)

On the occasion of World Heritage Day (marked on 18 April), students of PTV ICSE (Primary) celebrated India's rich cultural tapestry through engaging activities. Grade 2 students, as "Little Ambassadors of India," arrived in vibrant traditional attire, representing different states with pride. Some also brought regional delicacies, adding flavour to the celebration while confidently sharing a few lines about their chosen culture. Grade 5 students showcased creativity through their "Cultural Identity Badges," representing iconic monuments, dances and cuisines from across the country. Each badge reflected thoughtful effort and cultural awareness. Together, the

Diverse In Culture, United At Heart

activities beautifully echoed the essence of India—diverse in culture, yet united at heart.

Similarly, the Secondary Section of PTV (ICSE) rang in the celebrations of this day. The History Club students organised an enriching and thought-provoking activity. The objective of this initiative was to encourage students to explore history through everyday artefacts and understand the cultural and personal significance embedded in ordinary

household items. Students were instructed to bring one pre-owned object from home, such as old coins, utensils, postcards, letters, or other memorabilia. They then undertook basic research by interacting with family members and gathering information regarding the origin, usage, and historical relevance of their chosen artefacts. Based on their findings, each student prepared a brief "biography" of the object, highlighting its journey through

time. In the classroom, students assumed the role of museum curators and meticulously arranged their objects on their desks, transforming the space into a miniature exhibition. The activity fostered curiosity, critical thinking, and communication skills while deepening students' appreciation for preserving heritage. This initiative was also in alignment with the National Education Policy (NEP) guidelines, as it promoted experiential learning, interdisciplinary thinking, and competency-based education through hands-on engagement with historical inquiry, offering students a meaningful connection to history beyond textbooks.



Bond Beyond Words

On the occasion of National Siblings Day, students of Grades 3 and 4 at PTV (ICSE) joyfully celebrated the spirit of togetherness through the activity, "Bond Beyond Words."

With great enthusiasm, students created vibrant and heartfelt cards for their siblings and cousins, especially those living in different cities, states and countries. Through

colourful illustrations, thoughtful messages and sincere expressions, each card beautifully captured a bond that transcends distance.

The activity was a meaningful blend of creativity and emotional expression, reminding everyone that no matter how far our loved ones may be, the bond we share with them always remains strong and close to our hearts.

Students Pledge To Preserve Mother Earth



PTV (ICSE) marked Earth Day with a vibrant mass assembly, aligned with the 2026 theme – "Our Power, Our Planet." The theme encouraged students to recognise their role in building a sustainable future.

Students of Grades 3, 4, and 5 actively participated through engaging song, skit, and dance performances. The skit powerfully depicted the contrast between the Earth then and now, while the musical presentations added energy and reinforced

the message of environmental responsibility.

A highlight of the assembly was a video on the school's Sanjeevani Project, showcasing its efforts towards creating a greener campus and nurturing eco-conscious habits among students.

The celebration concluded with a pledge taken by students and staff to protect and preserve Mother Earth through mindful daily actions. The assembly served as a strong reminder that small steps, when taken together, can lead to meaningful change.

Feel it! Move it! Live it!

Long before languages divided us, humans told stories through rhythm—feet striking the ground, bodies swaying to unseen beats, hearts syncing with drums.

Every year on April 29, the world comes together to celebrate International Dance Day, the day honours the birthday of Jean-Georges Noverre—a visionary who transformed ballet into a storytelling medium.

Health Benefits: Dancing gets the heart pumping, improving cardiovascular health and stamina. It sharpens memory as we learn steps and sequences, and it melts away stress by releasing feel-good hormones.

Travel across the globe, and you'll find that every culture has its own story to tell.

In Spain, Flamenco burns with intensity—sharp footwork, soulful guitar, and raw emotion pouring through every gesture.

In India, Kathak transforms storytelling into art. With intricate footwork, spinning movements, and expressive eyes, dancers bring ancient tales to life, each step echoing centuries of tradition.

The vibrant energy of Brazil's Samba—a burst of colour, rhythm, and celebration that fills the streets during carnival,



inviting everyone to join in its infectious joy.

In the grand theatres of Europe, Ballet tells stories of love, loss, and dreams through graceful, gravity-defying movements—where every leap feels like poetry in motion.

So, this International Dance Day, whether it's a choreographed routine or a carefree move in your room, take a moment to dance.

- Mrs Aarti Kalekar,
Asst. Teacher, PTVA's EMS, Andheri

THE DANCE ABC

- A - Apsara Dance — Cambodia
- B - Bharatanatyam — India
- C - Cha-Cha-Cha — Cuba
- D - Disco Dance — USA
- E - Egyptian Belly Dance — Egypt
- F - Fandango — Spain/Portugal
- G - Ghoomar — India (Rajasthan)
- H - Hula — Hawaii (USA)
- I - Irish Stepdance — Ireland
- J - Joropo — Venezuela/Colombia, Jazz Dance — USA
- K - Kecak — Indonesia
- L - Lavani — India (Maharashtra)
- M - Macarena — Spain
- N - Noh Dance — Japan
- O - Odissi - India
- P - Polka — Czech Republic
- Q - Qawwali Dance (Sufi influence) South Asia
- R - Rumba — Cuba
- S - Salsa — Puerto Rico
- T - Tango — Argentina
- U - Ukrainian Folk Dance — Ukraine
- V - Viennese Waltz — Austria
- W - Waacking — USA
- X - Xhosa Dance — South Africa
- Y - Yakshagana Dance — India
- Z - Zumba — Colombia

'The best gift we can give our loved ones is not things, but time.'

In today's fast-paced life, it becomes essential to pause and create moments of joy and togetherness. One of the most meaningful ways to do this is by going on a vacation with our parents.

We are all busy in our daily lives, whether parents or children. Parents work hard to manage both personal and professional responsibilities, while children are occupied with school, homework and activities. Gradually, life turns into a routine filled with deadlines and duties. Recognising this, parents often plan vacations during school holidays to make this time

Family First

special and memorable for the family.

A family vacation brings happiness, excitement and new experiences. It allows us to explore new places, taste different cuisines, meet new people and understand diverse cultures. Such journeys are not only enjoyable but also rich in experiential learning, where

children learn by seeing, doing and experiencing the world beyond the classroom.

More importantly, these trips strengthen the bond between family members. Away from daily pressures, parents and children get the opportunity to talk, laugh and truly connect with one another. Simple moments like sharing meals, travelling together or watching a sunset become cherished memories. In these moments, children also learn to respect their parents' effort, time, and care. Vacations also teach valuable life lessons such as cooperation,

responsibility and care. Family members support each other, share tasks and look out for one another, making the experience meaningful and enriching.

In the end, a vacation with parents is not just about travelling to a new place. It is about creating memories that stay in the heart forever, about feeling secure in the warmth of family and about realising that togetherness is the true joy of life.

'Let us remember, it is not the places we visit, but the moments we share that become our greatest treasures.'

**-Mrs Sonia Mullick,
Teacher, PTVEMS
(Secondary Section)**

Let's Make The Most Of The Vacation

A change of scenery during vacations is a wonderful way for children to unwind and discover new things. Unlike in the classroom, vacations offer unique opportunities for children to learn through play, travelling, observing and interacting with family and others.

Outdoor Activities: Gardening is a fun outdoor hobby that teaches children valuable lessons in patience and fosters a sense of responsibility as they care for plants and watch them grow. Children can play outdoor games like badminton or cricket, go out for a movie, explore the neighbourhood or visit local attractions and places of historical significance.

Social Service Initiatives: Visiting an orphanage or an old-age home can teach children valuable lessons in kindness, generosity, and empathy. Interacting with the elderly can instil respect for elders in a child's life.

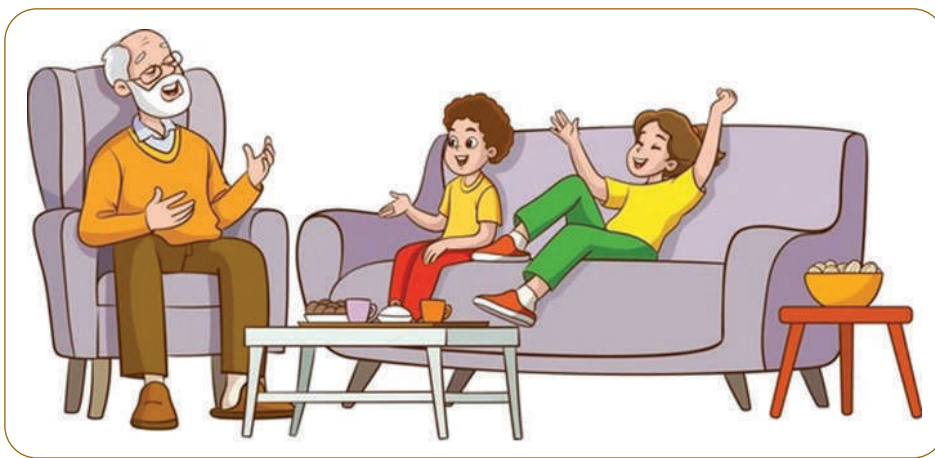
Indoor Activities: Reading books can provide children with companionship, wisdom and comfort. Playing indoor games like ludo or carrom with family members and helping with household chores encourage teamwork and strengthen family bonds.

Hobbies and Life Skills: Children can use their time constructively to learn drawing, play a musical instrument, explore a new dance form or take up a craft. These activities help in developing creativity, discipline and confidence.

Vacations are not merely a time for fun and relaxation. They offer a meaningful blend of learning, exploration and personal growth. When used wisely, this time helps children develop values, skills and experiences that shape their character and prepare them for life beyond the classroom.

"Make your vacation a story worth telling, not just days spent passing."

**- Mrs Shashi Gupta,
Teacher,
PTVEMS (Secondary)**



Every Generation Has a Story to Tell!

Have you ever sat beside your grandparents and listened to their stories? Their childhood was full of simple joys, different games, and special memories. This summer, let's take a little journey into the past and discover how life has changed over time!

What you need to do:

- Spend some time with your grandparents or elders
- Talk to them and learn about their childhood memories

Choose any one or two topics to explore:

- Games • School • Food • Toys

Now, get creative! Create a simple "Then & Now" comparison on a sheet:

Divide your page into two parts:
Then (Past) | Now (Present)

You may:

- Draw pictures
- Write 2-3 simple points
- Add colours and your own creative touch

Why are we doing this?

This activity will help you understand how life has changed, while also giving you a chance to bond with your elders and learn from their experiences

Bring your beautiful creations back to school after the holidays—we can't wait to see your stories come alive!

-Team PTV ICSE (Primary)

Enjoy Your Holidays With These Books...

- 1) Curious George: H.A. Rey and Marget Rey
- 2) The Cat in the Hat: Dr Seuss
- 3) The Very Hungry Caterpillar: Eric Carle
- 4) The Giving Tree: Shel Silverstein
- 5) Winnie the Pooh: A. A. Milne - Beatrix Potter
- 6) The Tale of Peter Rabbit: Beatrix Potter
- 7) Rainbow Magic: Daisy Meadows
- 8) Champa ka Jungle: Ruskin Bond
- 9) Ek Tha Gullu: Gulzar
- 10) Nani Ki Kahaniyan: Shivani

- Team PTVEMS (Primary)



Life After Exams

Students, your 10th Standard Board Exams are finally over, and I know many of you must be feeling a mix of relief, excitement and perhaps a little worry about what comes next. First of all, pause and take a deep breath. You have worked hard, and you truly deserve this break.

But along with resting, this is also a beautiful time to reflect. Ask yourself: What do I enjoy doing? What excites me? What kind of future do I see for myself? Remember, your marks are just a part of your journey, not the final destination.

At the same time, this period before college begins is very valuable. If used wisely, it can help you grow, learn and prepare for the future in a relaxed way. Try to create a simple daily routine. Balance your time between learning something new, pursuing hobbies, staying active and relaxing. Even a few productive hours each day can make a big difference.

You can also explore short-term courses that add real-life skills. Basic computer skills like MS Word, Excel and PowerPoint are very useful. You may try spoken English or communication skills to build confidence. Introductory coding, graphic design or even financial literacy, learning how to manage money, can be great starting points.

Along with this, do not forget to enjoy and develop your hobbies. Read, write, draw, paint, sing, dance, cook, garden or play a sport. These activities not only refresh your mind but also help in your overall development.

Reading is another powerful habit you can build during this time. Books like Wings of Fire, The Alchemist, short stories by O. Henry and You Can Win can inspire you, teach valuable lessons and help you understand yourself better. Even reading for a few minutes daily can create a positive impact.

This is also the right time to focus on important life skills. Work on improving your communication, time management, basic digital skills, problem-solving ability and self-discipline. Along with this, strive to build integrity, the habit to do the right thing, even when no one is watching. These skills will support you not just in studies but in every stage of life.

Equally important is personal growth. Spend quality time with your family, help at home and take on small responsibilities. If possible, travel, explore new places or try volunteering. You can also maintain a daily journal to express your thoughts and reflect on your experiences.

One important thing I want to say: please do not follow the crowd. Your friends may choose a certain path, but your journey is your own. Choose what feels right for you with responsibility and confidence.

Believe in yourself. You are capable of more than you think. This is just the beginning. Rise with confidence and make your path your own.

As you move forward, try to plan your days and set one or two small goals daily. It could be as simple as learning a new skill, reading a few pages or helping at home. Small steps taken consistently can lead to big changes.

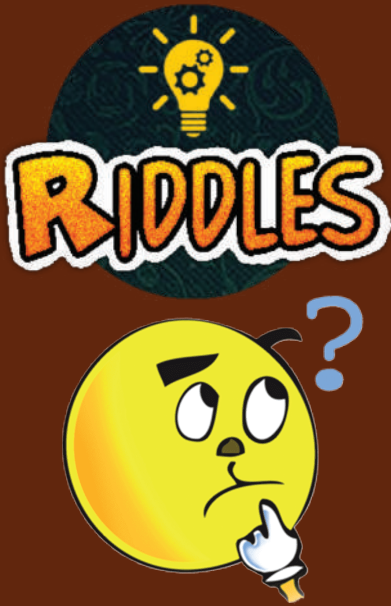
Make this break meaningful not just by resting but by growing into the person you are meant to become.

**- Radhika Dalal,
Teacher, PTVEMS (Secondary)**





1. Benny baked bright berry bread, but the berry bread Benny baked broke badly.
2. Tara twisted ten tiny threads till the threads tangled tightly together.
3. Milo mixed milky mango mousse, but the mango mousse melted in minutes.
4. Poppy painted purple petals, but the petals Poppy painted peeled off perfectly.
5. Rohan rolled round red ribbons, but the ribbons Rohan rolled ran rapidly away.
6. Lila lifted little lanterns, but the lanterns Lila lifted lit lightly in the lane.
7. Kiran kept kicking keen kites, but the kites Kiran kicked kept crashing quickly.
8. Zoya zipped zigzag zippers, but the zippers Zoya zipped zoomed and zigzagged.
9. Nikhil nailed nine neat nails, but the nails Nikhil nailed never stayed nicely.
10. Sia sang seven soft songs, but the songs Sia sang sounded suddenly strange.



1. I have hands but cannot clap. What am I?
2. I have a face and two hands, but no arms or legs. What am I?
3. What has to be broken before you can use it?
4. I am tall when I am young and short when I am old. What am I?
5. What has one eye but cannot see?
6. What gets wetter the more it dries?
7. I have keys but no locks. I have space but no room. What am I?
8. What has legs but doesn't walk?
9. What comes down but never goes up?
10. I am full of holes but still hold water. What am I?

Answers : (1) A clock (2) A clock (3) An egg (4) A candle (5) A needle (6) A towel (7) A keyboard (8) A table (9) Rain (10) A sponge

Crack the Code Challenge

With (1) _____ guiding our actions and (2) _____ shaping our hearts, we learn to face challenges with (3) _____. When we practise (4) _____ and show (5) _____ to others, we grow into individuals who understand the importance of (6) _____.

Crack The Code



(Answer of March's Challenge)

Humanity has always looked up at the night sky with curiosity. In **1969**, humans first set foot on the **Moon**, marking one of the greatest milestones in exploration. The mission that made this possible was **Apollo 11**, launched by the organization **NASA**. The first astronaut to step onto the lunar surface was **Neil Armstrong**, who famously said, "That's one small step for man, one giant leap for mankind." Today, humanity continues pushing forward with plans to return to the Moon through the **Artemis** program.

Create your own Dictionary



उन्हाळी सुट्टी सार्थकी लावा, नवीन शब्दकोश तयार करा

मे महिन्यात तयार करूयात एक स्वतः चा शब्दकोश.
१ मे पासून ३१ मे पर्यंत रोज एक नवीन शब्द आणि त्यापुढे
त्याचा अर्थ लिहायचा. मे महिन्याच्या शेवटी तुम्हाला ३१ नवीन
शब्द अर्थासहित माहिती होणार.

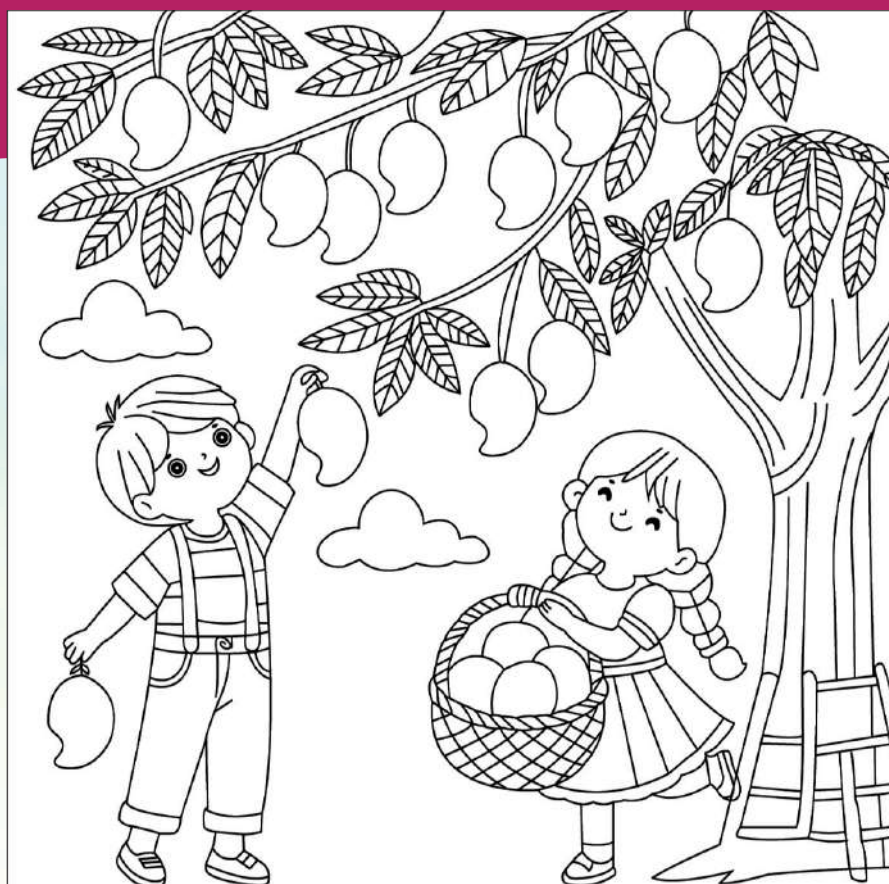
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Decorate Me (Grades 1 to 5)

Summer Competition For Primary Section Students of PTVA Schools



DARPAN SUMMER COMPETITIONS

Creative Writing Competition – “Twist the Tale!” (Grades 6 to 10)

THE CASE OF THE MISSING RECIPE

The annual Inter-School Cooking Challenge at Greenwood High was the most awaited event of the year. This time, the stakes were even higher- the winner would earn a mentorship opportunity with the renowned chef Gordon Ramsay.

The theme: “Innovation Meets Tradition.”

Arjun had been preparing for weeks. His dish was special, a fusion recipe combining his grandmother’s traditional Maharashtrian spices with modern techniques. It wasn’t just a recipe; it was a story passed down through generations. Every detail was carefully written in his worn-out notebook.

“Today is your day,” Meera smiled, tying her apron. Arjun nodded, though his hands trembled slightly. “I just need everything to go right.”

But it didn’t. Minutes before the competition began, Arjun froze.

“My notebook... it’s missing.”

“What?” Meera looked around. “You had it just now!”

“I kept it right here,” Arjun said, his voice tightening. The bustling kitchen suddenly felt suffocating. Students rushed around, chopping, stirring, plating- but for Arjun, everything blurred.

That’s when Raghav stepped in. Tall, observant, and slightly odd, Raghav had a reputation. Some compared him to Sherlock Holmes for his sharp deductions, while others



said his blunt logic made him sound like Sheldon Cooper.

Raghav glanced at the empty table. “Objects don’t disappear. People make them disappear.” “This is serious, Raghav!” Arjun snapped. “Exactly,” he replied. “Which is why we must think, not panic.” He scanned the room slowly. “Let’s establish facts,” he said. “You placed the notebook here. In the last ten minutes, only a few people came close.” “Me,” Meera said. “But I didn’t touch it.” Raghav nodded. “Agreed. You were carrying flour, your hands are still dusty.”

He turned. “Next, the judge, Mrs D’Souza.” The strict judge stood near the tasting table,

inspecting dishes. “I never touch contestants’ materials,” she said firmly. Raghav observed her spotless gloves. “Consistent with your statement.” “Then who?” Arjun asked.

Raghav’s eyes moved across the room and stopped. Kabir. Last year’s champion. Confident, competitive, watching.

At that moment, something else caught Raghav’s attention- a faint drop of blue ink on the edge of Arjun’s table. “Interesting,” he murmured. “What now?” Meera asked. Raghav pointed. “Arjun’s pen leaks slightly, correct?” “Yes...”

“Then whoever handled the notebook would likely have ink stains.”

They began observing more closely. Meera shook her head. “I don’t see anything.” “Because you’re looking at hands,” Raghav said. “Look elsewhere.”

Across the room, Kabir adjusted his sleeve. A faint blue mark. But before they could confront him, another voice interrupted. “Maybe you lost it yourself,” said Nisha, another participant. “You were nervous.”

Arjun hesitated. Had he misplaced it? Raghav shook his head immediately. “Unlikely. Panic creates doubt. Facts remove it.”

Just then, the announcement came: “The contest begins in five minutes!” Arjun’s heart pounded. Without the recipe, he would have to rely on memory and one mistake could cost everything.

Raghav stepped forward, calm as ever. “Time to test a theory.”

He walked straight toward Kabir. “You seem prepared,” Raghav said. Kabir smirked. “Unlike some people.” Raghav leaned slightly closer. “Your sleeve has ink. Blue. Fresh.”

Kabir’s expression flickered. “And you were near Arjun’s table,” Raghav continued. “Despite having no reason to be.”

The room grew quieter. A few students began watching.

Kabir crossed his arms. “So? That proves nothing.”

Raghav smiled faintly. “On the contrary. It suggests everything.”

Arjun stepped forward, his voice unsteady. “Did you take it?”

Kabir didn’t respond immediately.

The clock ticked louder.

Kabir exhaled slowly. “Fine. I took it,” he said. “I just wanted to see what made your dish so special.” He pulled the notebook from his bag and handed it over. Arjun grabbed it, relief flooding his face.

The competition began. Despite the stress, Arjun cooked with focus and heart. When the results were announced, his dish stood out, not just for its taste, but for its story.

He won.

As the crowd applauded, Kabir looked away, silent. Raghav adjusted his glasses. “A simple case,” he said. “But an important one.”

THE 7-DAY BOREDOM CHALLENGE (Grades 6-10)

Day 1: Do Nothing & Observe

Sit quietly (balcony/window/terrace). Just notice.

Document as: A Poem

Option 1- Write a short poem about what you saw, heard, or felt.

Option 2- Draw what you saw (scenery sketch)

Day 2: Learn From a Grandparent / Elder

Spend at least 30 minutes with a grandparent or elder.

Learn: ● A childhood game ● A life lesson

Document as: Interview Write-Up

● 5 questions you asked

● What you learnt

● One surprising thing

Day 3: Nature, No Filter

Spend time outdoors without devices.

Document as: Origami + Note

● Create any nature-inspired origami (leaf, bird, flower)

● Attach it and write 4-5 lines: What did I feel?

Day 4: Fireless Cooking for Family

Prepare a simple dish: Sandwich / chaat / fruit bowl / bhel. Serve it to your family.

Document as: Recipe Card

● Ingredients ● Steps

● Family feedback (1-2 lines)

Day 5: Care for Animals Around You

Do something kind for animals:

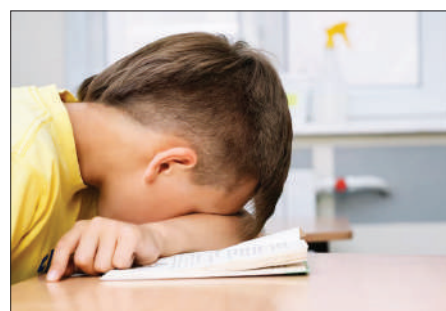
● Keep water for birds

● Feed stray dogs/cats (safely)

● Observe animals in your area

Document as: Photo + Caption

What you did and why it matters



Day 6: Family Circle Time

Sit together (no phones).

Do any one:

● Share childhood stories

● Discuss “one habit we should change”

Document as: Dialogue / Conversation Script
Write it like a mini play with speakers.

Day 7: Learn an “Old Skill”

Choose a skill that is slowly disappearing:

- Sewing a button
- Folding clothes neatly
- Writing a letter
- Basic handwashing clothes

Document as: Step-by-Step Photo Guide

(Add captions like a tutorial)

Page 9: Reflection Page

- Which day did I enjoy the most and why?
- What was the most difficult part of this challenge?
- Did I learn something new about myself?
- Will I continue any of these habits?

Add a final line:

“After this challenge, I see the world as...”



Unravel The Artist In You (Grades 1 to 5)

Art is how we make sense of being human. It’s the painting that makes you stop. The song that pulls a memory out of nowhere. The story that makes a stranger feel less strange. It feeds creativity, sparks new ideas, and lets every culture speak in its own voice. And the truth is, art only keeps doing that if we protect the people who make it. Give artists room. Let them be bold, messy, honest. Because when art grows, so does our chance at a world that’s free and peaceful — not just in speeches, but for real. That’s why 15 April matters. World Art Day is a reminder that art isn’t a luxury.

It’s tied to our schools, our streets, our futures. It’s why arts education belongs in every classroom. Because culture is how we learn to live together, fairly. So today, join in. Talk about a painting. Go to a workshop. Sit through a performance. Start a debate. Visit an exhibition. Share what moved you. Art has always been about us. Let’s keep it that way.

- Mrs Ashwini Naravane,
Art Teacher,
PTVA’s EMS, Andheri



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