



या श्लोकाचा अर्थ वाचा पान ६ वर

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या महिन्याच्या अतिथी संपादक

जे कराल ते आनंदाने करा

तुमच्यापेक्षा मोठी नक्कीच आहे मी. पण सल्ला देणे, मार्गदर्शन करणे असा प्रवास अजून दूरचा आहे. आज या संपादकीयमधून मी फक्त गप्पा मारणार आहे. गेल्या सुमारे २० वर्षांपासून पत्रकारिता क्षेत्रात आहे. तसे हे क्षेत्र वेगळेच. म्हणजे हुशार मुलांना मिळतात तसे गुण, ग्रेड्स मिळवूनही पत्रकारिता क्षेत्राचा विचार करणे तसे वेगळ्या वाटेवर चालण्यासारखेच होते. म्हणजे तेव्हाही मास मीडियाचा कोर्स करून अॅडव्हर्टायजिंग किंवा जनसंपर्क या क्षेत्रात जाणे शक्य असताना पत्रकारिता क्षेत्रच का निवडले, असा प्रश्न मला विचारला जातो.

आपण जेव्हा शिकत असतो तेव्हा आपल्याला हे करायचे आहे, ते करायचे आहे अशा अनेक गोष्टी खुणावत असतात. मी शाळेत असतानाच वाचायचे, लिहायचे. माझ्या कविता, माझे निबंध, कधी उतारे, कधी वाचलेल्या पुस्तकांमधील उतारे अशा गोष्टींनी डायरी भरलेली असायची.



महाविद्यालयीन शिक्षण घेताना कधीतरी असे वाटले की आपण पत्रकारिता का करू नये, पण तो विचार तेवढ्यापुरताच राहिला. ठरवलेले शिक्षण घेण्याच्या दिशेने प्रवास सुरू झाला. मग पदवीनंतर केवळ लेखन सुधारण्यासाठी पत्रकारितेचा अभ्यासक्रम केला आणि मग दिशा बदलली.

मला आठवते तेव्हापासून शाळेत असतानाच काहीतरी चुकीचे घडत आहे, असे वाटले तरी मला त्याबद्दल बोलायचे असायचे, माझे मत नोंदवायचे असायचे. पण तेव्हा पत्रकारितेचा विचारही डोक्यात नव्हता. प्रत्यक्ष पत्रकारितेत आले तेव्हा लक्षात आले की आपल्याला लिहायला खूप मजा येत आहे. बातम्या लिहिणे, लेख लिहिणे ते अगदी लहान मुलांच्या गोष्टी लिहिणे हा आनंद मोठा होता. पत्रकारिता करताना चौकटीतील सुखसोयी, समाधान काही वेळा मिळत नाही, पण जे जगाला दिसत नाही ते पाहता येते, इतर वेळी अनुभवता आले नसते असे अनुभव पत्रकारितेत घेता येतात. या क्षेत्रात काम करताना मला आनंद मिळत आहे. जे केले ते मनापासून केले, आनंदाने केले. हे शिकताना आपल्याला यश किती मिळेल, पैसा किती मिळेल, सुख-सोयी किती मिळतील याचा विचार केला नाही. पण जे आवडीने केले त्याचे पडसाद एका टप्प्यावर उमटतातच. हे करताना प्रसिद्धीही आपोआप मिळत गेली. पण या प्रसिद्धीपेक्षा महत्त्वाची होती ती समाधानाची जाणीव. लोकांच्या समस्या सोडवताना मिळणाऱ्या आनंदाची जाणीव. तुम्ही मेहनत घेऊन, अभ्यास करून जे क्षेत्र भविष्यात निवडाल, तिथे मनापासून काम करा. मग तो शिक्षकी पेशा असू दे, वैद्यकीय क्षेत्र असू दे, बँकेतील नोकरी असू दे, अभियांत्रिकी क्षेत्र असू दे किंवा इतर कोणतेही क्षेत्र. त्या क्षेत्रात काम करताना तुम्हाला समाधान मिळू दे, ही सदिच्छा. हे समाधान, आनंद मिळाला की हळूहळू उंच भराय घेण्याची ऊर्जाही मिळते.

- अनुजा चवथे, पत्रकार, महाराष्ट्र टाइम्स

माजी विद्यार्थिनी, पार्ले टिळक विद्यालय, मराठी माध्यम (Batch १९९७)

शाळा प्रवेशोत्सव उपक्रमाने वाजली शाळेची पहिली घंटा



परंजपे विद्यालय माध्यमिक



पार्ले टिळक मराठी प्राथमिक

जून महिना म्हणजे नव्या शैक्षणिक वर्षाची सुरुवात! उन्हाळ्याच्या सुटीनंतर पुन्हा एकदा शाळा सुरू होते आणि शाळेच्या प्रांगणात पुन्हा एकदा गोंगाट, हसणं, खिदळणं आणि उत्साह परततो. शाळेचा पहिला दिवस प्रत्येकाच्या आयुष्यातील अविस्मरणीय ठेव असते. यावर्षी १६ जून रोजी पार्ले टिळक विद्यालयाच्या सर्व शाळांमध्ये नवीन शैक्षणिक वर्षाची सुरुवात झाली. शाळांमध्ये प्रवेशोत्सव उत्साहात साजरा झाला.

पार्ले टिळक विद्यालयातील प्रत्येक विद्यार्थ्याचा सर्वांगीण विकास होऊन तो आपल्या आयुष्यातील परिपूर्ण यशाकडे वाटचाल करेल यासाठी तज्ज्ञ व तत्पर शिक्षक मेहनत घेतात. शिक्षक व शिक्षकेतर कर्मचारी यांनी विद्यार्थी प्रवेशोत्सवाची उत्साहपूर्वक तयारी केली होती. पार्ले टिळक मराठी प्राथमिक विभागात विद्यार्थ्यांचे स्वागत मुख्याध्यापिका सरोजिनी तरकर यांनी औक्षण आणि पुष्पवृष्टी करून



पार्ले टिळक मराठी माध्यमिक

केली. सर्व विद्यार्थ्यांनी ज्ञानदीप प्रज्वलित केला. दरवर्षीप्रमाणे महानगरपालिकेतर्फे इयत्ता पहिली ते चौथीच्या विद्यार्थ्यांना मोफत पाठ्यपुस्तकांचे वाटप मानसी मटकर यांच्या हस्ते करण्यात आले. पहिलीत प्रवेश घेतलेल्या विद्यार्थ्यांची शाळेभोवती

फेरी काढण्यात आली. यावेळी काही विद्यार्थ्यांनी छान वेशभूषा केली होती.

नवीन वर्ग, नवीन पुस्तक आणि सर्वात महत्त्वाचे वर्ग शिक्षक व विषय शिक्षक कोण असतील याची उत्सुकता विद्यार्थ्यांना असते. अशा औत्सुक्यपूर्ण विद्यार्थ्यांचे तसेच, पाचवीत आलेल्या छोट्या मंडळींचे स्वागत करण्यासाठी पार्ले टिळक विद्यालय मराठी माध्यमाच्या माध्यमिक शाळेच्या प्रवेशद्वाराशी स्वतः मुख्याध्यापिका सौ. मिठे आणि त्यांचे सहकारी शिक्षक व शिक्षकेतर कर्मचारी स्वागतासाठी उपस्थित होते. प्रवेशद्वार तोरण, पताकांनी सजवले होते. येणाऱ्या सर्व विद्यार्थ्यांना चॉकलेट्स व भेटवस्तू म्हणून बॉलपेन देण्यात आले. तसेच त्यांच्यावर पुष्पवृष्टीदेखील करण्यात आली. प्रवेशद्वाराजवळ असलेल्या स्क्रीनवर शाळेत होणारे विविध शालेय, सहशालेय उपक्रम, क्रीडा स्पर्धा यांचे चलत चित्रण सुरू होते.

• पान ८ वर

Back to School



PTVEMS (Primary)

Students of PTVA's EMS, Andheri and PTVEMS (Primary) received a grand welcome after the summer break. The teachers and the entire school staff went the extra mile to make the school reopening day memorable for each and every learner.

School reopening day at PTVA's EMS, Andheri on June 16 witnessed excitement of the students, staff and parents which marked the beginning of new adventures, new friendships and new challenges. The school premises were beautifully decked up with colourful balloons in a festive aura to welcome the students. Various banners and posters were displayed with inspiring captions such as 'Dream Big, Work Hard and Shine Bright', 'Education is a gift that no one can take away.' In her welcome address, the Principal Mrs Mrinalini Mhetre compared the school with a beautiful garden where the students blossom into healthy, confident and successful individuals with seeds of knowledge, watering of guidance, sunshine



PTVA's EMS, Andheri

of encouragement and harvesting of success. Teachers conducted fun-filled games and sweets were distributed to the students.

At PTVEMS (Primary), the much-awaited day arrived as the school reopened its doors to students with joy, excitement, and heartfelt warmth. The entire campus buzzed with positive energy as young

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PTVA completes 104 years!

On 9th June 2025, Parle Tilak Vidyalaya Association celebrated its 104th Foundation Day modestly. The Board of Directors of PTVA paid tribute to its inspiration, Lokmanya Bal Gangadhar Tilak. All heads of PTVA institutions were also present. Following this, a dialogue session between the heads and Board members was held to discuss measures for enhancing teachers' overall performance.



PTVEMS (Secondary) student secures a perfect 100% in SSC exam

Aryaa Deshmukh, a student of PTVEMS (Secondary) scored a perfect 100% in the SSC Board Examination 2024-25. In a candid conversation with Std. X C students Shreya Shirke and Yashmit Sawant, Aryaa shared her journey of dedication, discipline, and balance. From early morning study routines to finding joy in Kathak, her insights are a source of inspiration for every student preparing for the board exams. Her humility, clarity of thought and unwavering commitment were the admirable qualities that stood out in the interview, which was arranged by the current SSC batch of the school.



To watch the full interview, scan the QR code here.

PTV Schools celebrated International Yoga Day with energy and enthusiasm.

PTVEMS (Primary) celebrated International Yoga Day with a series of events aimed at fostering physical and mental health among its students and teachers. The day began with an exciting session conducted by Yoga professionals in the school hall for Std. IV students through a series of asanas breathing exercises (pranayama), and a short meditation to promote flexibility, attention and inner calm. For students of Std. I to Std. III, sessions were organised in their classrooms. The instructor also explained the benefits of correct posture and encouraged everyone to adopt yoga as a regular part of their lifestyle. The celebrations concluded with a pledge to continue practicing yoga for a healthier and balanced life.

At PTVEMS (Secondary), the 11th International Day of Yoga was made memorable courtesy of the guidance of 15 senior Yoga teachers from the New Age Yoga Institute. Students from Std. V to X were guided through the basic principles of Yoga, with a special focus on Brain Neuro Yoga. Simple yet effective techniques were taught to help enhance brain function, memory, and concentration. The sessions were carefully designed to suit the age and needs of the students, and a spirit of calm and curiosity was beautifully nurtured. A separate session was also arranged for the teaching staff, where easy, practical Yoga practices for health and well-being were shared. The rejuvenating session was conducted by Mr Rishabh Upadhyay, an ex-student of the school and now a dedicated Yoga professional associated with the New Age Yoga Institute.

The assembly at PTV ICSE (Primary) commenced with the



PTV ICSE (Primary)



PTV ICSE (Secondary)



PTVEMS (Primary)



PTVEMS (Secondary)

Celebrating International Yoga Day

ceremonial lighting of the lamp and the chanting of a shlok, setting a tranquil tone for the event. This was followed by the reading of a Peace Manifesto, which the students joyfully echoed in unison. A thought-provoking poem on the importance of yoga in a student's life was recited. An inter-class yoga competition for Std. IV showcased the students' strength, balance, and concentration. The winners of the competition were Ishita Jadhav (1st, Std. IV D), Spruha Shinde (2nd, Std. IV C), and Adhira Potdar (3rd, Std. IV C). The energy of the assembly was further elevated by a graceful yoga dance performance that seamlessly combined movement with mindfulness. Principal addressed the gathering, emphasising the ancient roots of yoga and its transformative power to instil peace in everyday



PTVA's EMS, Andheri

life. The Chief Guest, Mrs Medha Ambardekar – a certified yoga instructor and counsellor – shared valuable insights on wellness and mindful living.

Similarly, PTV ICSE (Secondary)

students gathered to celebrate the essence of yoga—unity of body, mind, and spirit. The event began with the calming Patanjali Opening Mantra, setting a peaceful tone. Principal welcomed the guest of honour,

Mr Nitin Patki, who imparted the importance of control over one's minds by teaching the students how to achieve it. Participants then performed Surya Namaskar, a series of 12 powerful yoga poses that energise the body and focus the mind. This was followed by a demonstration of key Asanas, with each posture's health benefits explained—such as improved flexibility, posture correction, and stress relief. A special segment introduced various herbs like Tulsi, Ashwagandha, and Turmeric, highlighting their role in boosting immunity and overall wellness, connecting Ayurveda to the yogic lifestyle. The celebration continued with a lively Yoga Dance, blending movement and mindfulness, showcasing the joy and grace yoga brings. Students then engaged in Yogi Techniques—including Pranayama and meditation—experiencing calmness, focus, and inner balance. To spread the message of peace, all the students stood in solidarity to recite the Peace Manifesto. The event concluded with the Closing Mantra, leaving students refreshed and inspired.

At PTVA's EMS, Andheri, students and staff participated in a mass yoga session. The event aimed to promote physical and mental well-being among them. Om Gosavi (Std. IV) explained the importance of Yoga to the students in the school assembly. The Yoga practice session emphasised on balance, focus and inner peace and was volunteered by Ambika Yogashram's certified instructors. The participants practiced Omkar recitation, meditation, simple body stretching exercises, various asanas like Parvatasana, Vrikshasana, Trilonasana, Chakrasana, Halasana, etc. and breathing techniques like Pranayama.



परराजपे विद्यालय माध्यमिक



पार्ले टिळक मराठी प्राथमिक



पार्ले टिळक मराठी माध्यमिक

न अस्ति योगसम बलम्
तस्मात् योगः प्रधानेष्टः॥

योगासारखे सामर्थ्यदायी दुसरे काही नाही. योग साधल्याने आपल्या मनाला व शरीराला एकप्रकारे योग्य वळण लागते. योग ही भारताची प्राचीन विद्या आहे, त्यामुळे भारताचे सांस्कृतिक योगदान वैश्विक स्तरावर अधोरेखित होते. २१ जून हा दिवस जगभरात योगाचे महत्त्व पटवून देण्यासाठी आणि नियमित योगाभ्यास करण्यासाठी प्रेरित करणारा असा आंतरराष्ट्रीय योग दिवस म्हणून साजरा केला जातो. पार्ले टिळक विद्यालयाच्या सर्व शाळांमध्ये आंतरराष्ट्रीय योग दिन साजरा करण्यात आला.

परराजपे विद्यालय माध्यमिक विभागात अंबिका योगाश्रमच्या वतीने आंतरराष्ट्रीय योग दिन मोठ्या उत्साहात साजरा करण्यात आला. योगतज्ज्ञ विजय दवे यांनी या कार्यक्रमासाठी विशेष मार्गदर्शन केले. कार्यक्रमाची सुरुवात शांतीमंत्राने झाली. त्यानंतर श्री.दवे व त्यांच्या अनुयायांनी विद्यार्थ्यांना विविध योगासने, प्राणायाम आणि ध्यान यांची प्रात्यक्षिके करून दाखवली. व नंतर

विविध आसनांच्या प्रात्यक्षिकाने योग दिन साजरा

विद्यार्थ्यांकडूनही करून घेतली. योगाचे शारीरिक आणि मानसिक आरोग्यावर होणारे सकारात्मक परिणाम समजावून सांगितले. समतोल आहाराचे महत्त्वही विशद केले. शाळेतील सर्व विद्यार्थी तसेच मुख्याध्यापक व सर्व शिक्षकांनीही या प्रात्यक्षिकांत सहभाग घेतला. मुख्याध्यापक श्री. हावके यांनी अंबिका योगाश्रमचे आभार मानून असे उपक्रम वारंवार राबवण्याची गरज व्यक्त केली. योग हे शारीरिक शरीर सामर्थ्याचे नव्हे तर मानसिक आरोग्याचेही साधन आहे हे त्यांनी विद्यार्थ्यांना समजावून सांगितले. शाळेच्या फलकावर मुख्याध्यापक श्री. हावके यांनी योगदिनाचे चित्र तर श्री. गोरुले यांनी फलकलेखन केले होते. परराजपे विद्यालय प्राथमिक विभाग अंधेरी येथेही योग दिन साजरा करण्यात आला.

पार्ले टिळक विद्यालय प्राथमिक मराठी शाळेत पहिली ते चौथीच्या विद्यार्थ्यांनी मुख्याध्यापिका सरोजिनी तरकर यांच्या



परराजपे विद्यालय प्राथमिक

मार्गदर्शनाखाली योगतज्ज्ञ अवंतिका भागवत यांच्या प्रशिक्षणाखाली योगासनांचे मनोरे केले. योगाभ्यासामुळे मनाची एकाग्रता वाढते. जीवन ताणमुक्त, निरोगी बनते. सकारात्मक दृष्टिकोन निर्माण होतो. स्व-स्विकृतीची भावना निर्माण होते. या सर्व गोष्टींची जाणीव मुलांना करून दिली. शरीर व मन एकाग्र राहण्यासाठी ओमकार साधना व ध्यान करून घेतले.

तसेच पार्ले टिळक विद्यालय मराठी माध्यमाच्या माध्यमिक शाळेत विद्यालयाच्या शिक्षिका श्रीमती कंटक यांनी ध्वनिक्षेपकावरून योग विद्येचे प्राचीनत्व आणि महत्त्व सांगितले. प्राणायामाचे महत्त्व व योगदिनाची माहिती विशद करण्यात आली. त्यानंतर सानिका बाईंनी ध्वनिक्षेपकावरून सहज बसल्या जागी करता येण्याजोगी काही आसनां सांगितली. विद्यार्थी व शिक्षक यांनी वर्गातच प्रात्यक्षिके केली. ओंकार साधना घेऊन कार्यक्रमाचा समारोप करण्यात आला.

त्यानंतर एनसीसीच्या विद्यार्थ्यांनी सानिका बाईंच्या मार्गदर्शनाखाली आसन प्रकार सादर केले.

शालान्त प्रमाणपत्र परीक्षेतील यशवंत विद्यार्थ्यांचा गुणगौरव



वेदा सागवेकर



दुर्वा चौकेकर



प्रणव सुर्वे



क्षितिज आडविलकर



तृप्ती ताकवले

पार्ले टिळक विद्यालय असोसिएशनच्या सर्व शाळांचा इयत्ता दहावीचा निकाल अभिमानास्पद लागला. सर्व यशवंत विद्यार्थ्यांचा शाळेने कौतुक समारंभ आयोजित केला होता.

पार्ले टिळक विद्यालय मराठी माध्यम माध्यमिक विभागातील इयत्ता दहावीचा निकाल यावर्षी ९८.४५ टक्के लागला. हा केवळ शैक्षणिक गुणवत्तेचा पुरावा नाही तर शिक्षक, विद्यार्थी, शिक्षकेतर, समुपदेशक आणि पालक यांच्या एकत्रित प्रयत्नांचा यशस्वी परिपाक आहे. शाळेच्या

सभागृहात छोटासा कौतुक समारंभ आयोजित केला होता. १०-५ या वर्गातील हर्ष कोंडविलकर याने ९५.६०% गुण मिळवून शाळेतून प्रथम येण्याचा मान मिळवला. यशस्वी विद्यार्थ्यांचे कौतुक करण्यासाठी पार्ले टिळक विद्यालय असोसिएशनचे अध्यक्ष श्री. अनिल गानू उपस्थित होते. प्रथम आलेल्या हर्षने टिळकांच्या पुतळ्यास पुष्पहार अर्पण केल्यानंतर गानूसरांच्या हस्ते सर्व यशस्वी विद्यार्थ्यांचा गुणगौरव करण्यात आला. प्रत्येक विद्यार्थ्याच्या व्यक्तिमत्त्वाची ओळख श्री. फराटे यांनी करून दिली.



तसेच परांजपे विद्यालय मराठी माध्यम शाळेच्या शालान्त प्रमाणपत्र परीक्षेचा निकाल ९७.६७% लागला. परीक्षेत विद्यालयातील वेदा चंद्रकांत सागवेकर या विद्यार्थिनीने ९३ टक्के मिळवून प्रथम क्रमांक पटकावला. तर दुर्वा चौकेकर हिने ९०.४० टक्के मिळवून द्वितीय क्रमांक, प्रणव सुर्वे याने

८६.८० टक्के मिळवून तृतीय, क्षितिज आडविलकर याने ८२.६० टक्के मिळवून चौथा क्रमांक तर तृप्ती ताकवले हिने ७९.२० टक्के मिळवून शाळेतून पाचवा क्रमांक पटकावला. शाळेने सर्व यशवंत विद्यार्थ्यांचे कौतुक करून पुढील वाटचालीस शुभेच्छा दिल्या.

A Picnic Adventure in Nature

Nature is essential for our well-being, survival, and the health of our planet. With the sudden rain after the scorching summer heat, last week the city breathed a sigh of relief. My family decided to go on a picnic at a nearby hill station for trekking. We packed sandwiches, fruits, and juice, and set off early in the morning.

The trek was challenging, but the scenic views kept us motivated. We walked through lush green forests, crossed streams, and climbed rocky paths. The fresh air and exercise made us feel energised and happy.

As we reached the top, we were greeted with a stunning view of the valley below. We spread out a blanket and had a delicious picnic lunch together. My parents and I played games like "I Spy" and "Hide-and-Seek" among the trees, laughing and having a great time.

After lunch, we took a short walk to a nearby waterfall, where we refreshed ourselves and enjoyed the cool mist. My mom told me about the different types of plants and animals that lived in the forest, which was very interesting.

As the day went by, we reluctantly packed up and started our journey back home. We were all tired but happy, with



big smiles on our faces.

Exploring nature was an exciting adventure that sparked my curiosity. The beautiful trees, colourful flowers, and fascinating insects helped me appreciate the beauty of nature and understand the importance of taking care of our

environment. I learned about different plants and animals and how they live together in nature. Now, I feel more connected to the natural world and want to help protect it.

Nature has the power to heal, inspire, and bring us closer to ourselves and each other. I encourage everyone to go for such trips often — breathe in the fresh air, listen to the sounds of the forest, and discover the wonders that nature holds. The more we connect with it, the more we learn to cherish and protect our beautiful planet.

That's why International Picnic Day, celebrated on June 18, is a perfect reminder. It's not just about enjoying yummy food with friends and family — it's also a chance to bond with nature, explore the outdoors, and build happy memories in the lap of Mother Earth.

-Stuti Gawde (Std. IV B),
PTV ICSE (Primary)

शिपाई चंद्रगुप्त रायबोले यांचा निरोप समारंभ

परांजपे विद्यालयातील अत्यंत कर्तव्यदक्ष व कार्यालयीन कामात तरबेज असणारे शिपाई श्री. चंद्रगुप्त प्रल्हाद रायबोले हे त्यांच्या नियत वयोमानानुसार वयाच्या साठव्या वर्षी ३० जून २०२५ रोजी सेवानिवृत्त होत आहेत.



श्री.रायबोले यांचा ५ जून १९६५ रोजी जन्म झाला व २५ जुलै १९९७ रोजी मालाड सेंटर स्कूलमध्ये त्यांनी नोकरीला सुरुवात केली. २००६ पर्यंत त्यांनी तेथे नोकरी केली.

१४ नोव्हेंबर २००६ रोजी ते परांजपे विद्यालयात दाखल झाले. कार्यालयीन कामात ते खूप तरबेज आहेत. कार्यालयीन दस्तऐवज नीटनेटके ठेवण्यात त्यांचा हातखंडा आहे. उल्हासनगर ते अंधेरी असा दररोजचा प्रवास करून त्यांनी २८ वर्षे प्रदीर्घ सेवा केली आणि शाळेसाठी अतुलनीय असे योगदान दिले. कार्यालयीन कामातील अचूकता हे त्यांचे वैशिष्ट्य निवृत्तीनंतर त्यांच्या मदतीचा हात व त्यांची कार्यप्रणाली यांची उणीव सर्वांना नक्कीच भासेल. परांजपे विद्यालयाचे मुख्याध्यापक व संपूर्ण शिक्षकवर्ग, कार्यालयीन कर्मचारी व शिक्षकेतरांतर्फे त्यांना शुभेच्छा. त्यांचे पुढील आयुष्य सुखाचे व निरामय आरोग्याचे जावो ही सदृष्टि.

लक्ष्मणराव किल्लोस्कर : भारतीय औद्योगिक क्रांतीचे शिल्पकार!

भारताच्या औद्योगिक इतिहासात लक्ष्मणराव किल्लोस्कर यांचे नाव अत्यंत आदराने घेतले जाते. त्यांनी भारतात औद्योगिकीकरणाला मुहूर्तमिठ रोवली आणि स्वदेशी उद्योगधंद्यांचा पाया घातला. त्यांची दूरदृष्टी, परिश्रम व आत्मविश्वास यामुळे किल्लोस्कर उद्योग समूहाची स्थापना होऊन भारतीय शेती व उद्योग क्षेत्रात क्रांती घडून आली.



लक्ष्मणरावांचा जन्म २० जून १८६९ रोजी बेळगाव जिल्ह्यातील गूर्लाहोसूर या छोट्याशा गावी झाला. ते बालपणापासूनच जिज्ञासू व अभ्यासू स्वभावाचे होते. त्यांना चित्रकलेची व यांत्रिकी उपकरणांची विशेष आवड होती. शिक्षण घेत असतानाच त्यांनी कारागिरी व तांत्रिक कौशल्य आत्मसात केले. सुरुवातीस त्यांनी सायकल दुरुस्ती व विक्रीचे दुकान सुरू केले. परंतु त्यांच्या मनात भारतीय शेतकऱ्यांसाठी काहीतरी करण्याची तीव्र इच्छा होती. त्यांनी भारतातील पहिला स्वदेशी लोखंडी नांगर तयार केला. तो त्या काळात फारच उपयुक्त ठरला.

त्यांनी आपल्या कारखान्याची सुरुवात किल्लोस्करवाडी या ठिकाणी केली. जे आज एक मोठे औद्योगिक केंद्र बनले आहे.

लक्ष्मणराव किल्लोस्कर यांनी केवळ व्यवसाय न करता समाजाच्या उद्धाराचाही विचार केला. त्यासाठी त्यांनी रोजगार निर्मिती केली. शिक्षण आणि प्रशिक्षणाची दारे खुली केली. "स्वदेशी वस्तूंचा वापर" या तत्वाचा पुरस्कार केला. त्यांच्या नेतृत्वाखाली किल्लोस्कर कंपनीने पंप, इंजिन, ट्रॅक्टर अशा अनेक उत्पादनांची निर्मिती केली. त्या काळात इंग्रजांच्या ताब्यातील भारतात उद्योजकतेला फारसा वाव नव्हता. तरीही त्यांनी हार मानली नाही. जिद्द, चिकाटी आणि गुणवत्ता या तीन गोष्टींवर त्यांनी आपली ओळख निर्माण केली. ते एक प्रेरणादायी नेतृत्वकर्ते होते. त्यांनी फक्त व्यवसाय नव्हे तर "उद्योग म्हणजे राष्ट्रसेवा" हा विचार रुजवला. लक्ष्मणराव किल्लोस्कर हे खऱ्या अर्थाने आधुनिक भारताच्या औद्योगिक प्रगतीचे शिल्पकार होते. त्यांनी भारतातील उद्योजकतेस नवी दिशा दिली. त्यांचे कार्य आजही किल्लोस्कर ब्रदर्सच्या माध्यमातून सुरू आहे. आणि अनेक तरुण उद्योजकांना प्रेरणा देत आहे.

- ऋतुजा शिर्के, परांजपे विद्यालय माध्य.शाळा

PEDAL THIRST ADVENTURES तर्फे १२ ते १५ जून २०२५ दरम्यान कर्नाटक येथील दांडेली येथे जंगलमार्गे सायकलिंग सफर आयोजित केली होती. पार्ले टिळक विद्यालयातील वरिष्ठ लिपिक श्री.विवेक पाटील यांनी या साहसी मोहिमेत प्रथमच सहभाग घेतला होता. त्यांना आलेले अनुभव त्यांनी सांगितले आहेत.

काली व्याघ्र प्रकल्प, अंशी राष्ट्रीय उद्यान आणि कोटीगोआ वन्यजीव अभयारण्य या तीन वन्यजीव अभयारण्यांमधून जाणारा २०० किमीचा हा जंगल मार्ग आहे. हा मार्ग वनस्पती आणि प्राण्यांनी समृद्ध असलेला एक नयनरम्य भूभाग आहे. कर्नाटकातून कोटीगोआ वन्यजीव अभयारण्याद्वारे गोव्यात प्रवेश करण्यासाठी हा मार्ग एक परिपूर्ण मार्ग आहे. एक छोटासा भाग जिथे फक्त सायकलस्वार आणि बाईकर्सना परवानगी आहे. त्याचा प्रत्यक्ष अनुभव श्री.पाटील यांनी कथन केला आहे.

पहिल्या दिवशी कॅसलरॉक ऑफ रोड या ३० किमी दांडेलीच्या घनदाट जंगलात एका लहान वॉर्मअप ऑफ रोड राईडने सायकलिंग राईड सुरू झाली. कर्नाटक-गोवा सीमेजवळ वसलेल्या ३० फूट उंच आणि सुमारे २४० मीटर लांबीच्या कुवेशी कॅनोपीने वन्यजीव आणि निसर्गप्रेमींमध्ये एक उत्साह निर्माण केला आहे.

दांडेली सायकलिंग-जंगलातील एक साहसी सफर



दुसऱ्या दिवशी गणेशगुडी हा ६५ किमीचा प्रवास केला. दांडेली येथे काही पाण्याच्या ऑक्टिव्हिटी मध्ये रमण्याची संधी मिळाली. दांडेलीतील काली नदी १२ किमी पर्यंत राफ्टिंगचा

मार्ग देते. गणेशगुडी कायाकिंग, बोटिंग किंवा पोहण्यासाठी प्रसिद्ध आहे. काली व्याघ्र प्रकल्पाच्या घनदाट जंगलात पोहोचण्यासाठी काही लहान चढाई करून एका साहसी

दिवसाचा शेवट झाला.

तिसऱ्या दिवशी अंशी राष्ट्रीय उद्यान हा आह्वानात्मक ५५ किमीचा प्रवास केला. रस्त्याच्या एका बाजूला वाहणाऱ्या लहान गावांमधून आणि नदीतून १२ किमी लांब प्रवास केल्यानंतर मुख्य मार्गावर आलो. वन चौकी ओलांडल्यानंतर सिथेरी खडकांकडे प्रवास सुरू झाला. दांडेली वन्यजीव अभयारण्याच्या मध्यभागी स्थित, सिथेरी रॉक्समध्ये ज्वालामुखीच्या खडकांनी बनलेले नेत्रदीपक नैसर्गिक सौंदर्य पाहिले आणि त्याच्या बाजूने वाहणाऱ्या कनेरी नदीचे दर्शन घडले. उलवी मंदिराच्या चौकीपर्यंत एक आह्वानात्मक चढाई केली. एकदा चौकी ओलांडली की दिवसभराच्या गंतव्यस्थानापर्यंत उतार आणि सपाट भूभागाचा अनुभव मिळाला.

चौथ्या दिवशी कोटीगाव वन्यजीव अभयारण्य या ४५ किमीच्या प्रवासात आमची राईड अंशी मार्गे १० किमी लांबीच्या रोमांचक उताराच्या टप्प्याने सुरू झाली. कारवार रस्त्यावर उजवीकडे वळण घेऊन आणि १५ किमी अंतरावर सपाट भूभागावर असलेल्या वन चौकीपर्यंत चढून आम्ही कोटीगाव वन्यजीव अभयारण्याद्वारे गोव्यात प्रवेश केला. हा एक छोटासा भाग आहे, परंतु येथे मिळणारा थरार अपेक्षेपेक्षा जास्त होता. कोटीगाव येथे सायकल सफारी मोहिमेचा शेवटचा टप्पा यशस्वीरित्या पूर्ण झाला.

As part of PTV ICSE's History Club's initiative "Local Legends & Oral History Project," students were encouraged to interview grandparents or local elders to preserve stories rooted in personal experiences and local history on the occasion of World Elder Abuse Awareness Day.

Arin Bhatavadekar interviewed his grandmother and discovered a touching tale of faith, devotion, and a mysterious encounter during the building of a temple for Lord Vitthala and Goddess Rukmini.

The Disappearing Guide: A Temple's Tale of Faith

There was once a woman who wanted to build a temple for Lord Vitthala and Goddess Rukmini. She set out to find good

It's time for some Granny Tales



statues, traveling all the way from Palghar to Pandharpur, but she couldn't find any that matched her vision.

Then, an old man appeared and said, "I'll help you find the statues." He took her to a road she had already passed earlier, but now, standing there, were the exact statues she had been searching for.

She bought them and loved them, but when she turned to thank the old man, he had vanished. She looked for him everywhere, but he was nowhere to be found.

She brought the statues back to Palghar.

Although the temple was not yet complete, she kept the statues on a table in her house.

Days passed.

One night, she had a dream. The statues spoke to her: "We want to sit in the temple. How much longer? So many days have passed." She realized that the time had come — the statues needed to be placed in the temple.

Although the full construction of the temple would take another 10–15 years, the workers built the sanctum (the sacred area), and the statues were installed there. Even before the temple was complete, people had already begun worshipping.

**-Arin Bhatavadekar (Std. VII),
PTV ICSE (Secondary)**

Understanding Autism: A Spectrum of Unique Minds

Autism Spectrum Disorder (ASD) is a developmental condition that affects how a person communicates, interacts, and processes the world around them. It's important to remember that autism is not an illness—it's a different way of thinking and perceiving the world. Autism is called a "spectrum" because it varies widely from individual to individual. Some individuals may have high support needs, while others live independently. According to WHO, about 1 in 100 children has autism.



Early signs can appear as early as 12–24 months and may include: Limited eye contact or lack of response to name, delayed speech or language development, unusual reactions to sounds or textures, difficulty in understanding social cues.

Early diagnosis and intervention can significantly improve outcomes for those on the spectrum to help reach their full potential.

Individuals can consult a child's paediatrician or a developmental specialist to diagnose autism.

Autism is not a limitation, but a different way of experiencing the world—one that deserves understanding and acceptance. On the occasion of Autistic Pride Day, let us not shy away and celebrate people who have a different perspective.

**- Ms Sheetal Patel,
School Counsellor,
PTV (ICSE)**

Every child with autism is different—some may have strong language skills but struggle socially, while others may be nonverbal or have sensory sensitivities. Individuals with autism have unique talents, perspectives, and strengths.

Parents and teachers are often the first to notice signs of autism.

World Day Against Child Labour

'World Day Against Child Labour', observed annually on June 12, raises awareness about the global issue of child labour and the urgent need to eradicate it. Child labour is a serious concern that society must address with urgency and compassion.

Child labour has severe detrimental effects on a child's well-being. It hinders their physical growth, denies them access to education, and ruins their future prospects. Shockingly, many children are found working in firecracker factories or chemical industries, where they often suffer serious injuries or chronic illness. These children are forced to work for 12 to 15 hours a day, with neither adequate sleep nor food. Helpless and vulnerable, they work merely to survive.

Both the Government and society must come forward to put an end to this menace. Although the Government has taken several steps to curb child labour, these efforts are still insufficient. Strict action should be taken—business licences must

be cancelled, and hefty penalties imposed on those who employ children below the age of 16.

Society, too, has a role to play. People should refrain from purchasing goods from shops or businesses that exploit child labour. The Government should ensure free education and provide midday meals to rescued child labourers, supporting their transition to a better and brighter future.

It is the duty of every citizen to raise awareness about the suffering of these children and bring their hidden pain to light. Through collective action, we can give these children the opportunity to enjoy their rights, receive an education, and live a joyful life.

Come on, India!
Now is the time
To reignite the fire within us,
For we are the voice
That must speak
For these children!

**- Chaitrali Dedhia
(Std. VIII C),
PTVEMS (Secondary)**



National River Month

We observe National River Month in the month of June to celebrate, protect, and raise awareness about the importance of rivers in sustaining life and the environment.

**"A flowing artery,
Earth's vibrant heart,
Where life takes root and water plays its part.
Sunlight dances, fish swim free,
A river's song, for all to see."**

These lines by Ralph Waldo Emerson beautifully capture the essence of a river. A river ecosystem refers to the community of organisms—both plants and animals—that live in and around a river, relying on it for their survival.

Since ancient times, rivers have played a vital role in the evolution of humankind. Early civilisations flourished along riverbanks because rivers provided a steady supply of water, food such as fish and crabs, and fruits and berries from nearby trees. The fertile soil along the riverbanks also contributed to the growth of agriculture.

River ecosystems are not only essential for human life but also serve as natural filters, purifying water through biotic and chemical processes. They are home to many beautiful and diverse species that are rarely found elsewhere.

Unfortunately, human activities are threatening the health of these ecosystems. Pollution, littering, and deforestation are among the leading causes of damage. In fact, more than 50% of the world's river ecosystems



have already been significantly degraded or destroyed by human actions.

River ecosystems are one of the pillars that support life on Earth. Without them, survival would be extremely difficult—perhaps even impossible. Therefore, it is our duty to protect this precious gift of nature.

Many activists, government agencies, and local communities are working tirelessly to safeguard our rivers. As students and children, the best contributions we can make include raising awareness, conserving water, reducing plastic use, properly disposing of waste, and recycling as much as possible.

As Sir Oliver Wendell Holmes rightly said,
"A river is more than just an amenity; it is a treasure."
So, let us pledge to save our rivers in every way we can.

**- Saanvi Phatak (Std. VIII C),
PTVEMS (Secondary)**

Echoes of the Ocean: A call to protect what protects us



"We have salt in our blood, in our sweat, in our tears. We are tied to the oceans." – John F. Kennedy

Oceans cover 70% of the Earth's surface, produce over 50% of the oxygen we breathe, and regulate the climate. However, they face threats like pollution, overfishing, and climate change. The world ocean day is celebrated on June 8 every year to mark the importance of oceans and preserving them. The theme for World Ocean Day 2025 was "Wonder: Sustaining What Sustains Us", emphasising the ocean's beauty and vital role in our lives.

The ocean gives minerals, oil, salt, pearls, fish and medicines. It is a source of recreation activities like water sports, scuba diving and is also the cheapest mode of transport. The ocean gives us so many invaluable things! But, what do we give in return? Plastic, oil spills, untreated sewage waste and chemicals and the list goes on. The Great Pacific Garbage Patch is a collection of

marine debris in the North Pacific Ocean. Marine debris is litter that ends up in oceans, seas, and other large bodies of water. It is so huge that it spans waters from the West Coast of North America to Japan. The Indian Ocean garbage patch, discovered in 2010, is a marine garbage patch, a gyre of marine litter, suspended in the upper water column of the central Indian Ocean.

It's time that the common man steps into the scenario and does his part in sustaining what sustains us. It always starts from the mistakes of the common man and ends at the consequences faced by him. We can cut down on our plastic consumption, recycle plastic waste, stop

littering beaches by not throwing our waste like plastic spoons and straws, paper plates etc. on the beach, but in the dustbins provided near the stalls/shops. We should not immerse idols made out of plaster of Paris in the sea. We should participate in the beach clean-up drives frequently. Sometimes, the turtles or other amphibians primarily residing in the oceans, enter the beaches. Then, we should refrain from clicking their pictures and let them wander freely, protecting their natural habitat.

Global warming leading to climate change is leading to rise in the ocean levels due to the melting of glaciers, which is equally harmful to mankind and marine life. Global warming can be reduced by planting more trees, saving paper, switching to EVs etc.

Preserving oceans will preserve mankind. Hence, we should do our part in saving, preserving and sustaining oceans.

**-Aryaa Joshi (Std. VIII A),
PTV ICSE (Secondary)**





PTV (ICSE) celebrates 18 glorious years

The Primary Section of PTV (ICSE) celebrated its 18th Foundation Day with great enthusiasm and gratitude. Students came together for a vibrant mass assembly, showcasing their love for the school through songs, dances, lezim, speeches, and an impressive art tableau. The celebration began with a graceful Saraswati Vandana, followed by performances that reflected deep appreciation for the Management, Principal, Headmistress, teachers, and support staff. The Headmistress addressed the students, sharing inspiring thoughts on the school's journey and values.

Similarly, the Secondary Section of PTV (ICSE) rang in vibrant celebrations. The event began with the School Prayer, followed by the energetic Welcome Dance. Principal, Dr (Mrs) Arnavaz Bhagat addressed the gathering and inspired all, while the English Play highlighted school's journey and vision. A Hindi Poem evoked nostalgia, and the Vice



Principal's Speech focused on shaping future leaders. The English Group Song uplifted spirits, and a Speech in Marathi connected all related stakeholders to their cultural roots. The Musical Medley (Harmonic Mosaic) dazzled the audience with its diverse tunes. The Gratitude and Recognition Ceremony honoured the exceptional readers and writers who helped Grade X students achieve their goals, and the programme concluded with a Vote of Thanks.



PTVA's EMS, Andheri rings in 9th year in a healthy way

PTVA's EMS, Andheri celebrated its 9th Foundation Day with great enthusiasm and fervour on June 21. The event marked a significant milestone in the school's history, honouring its legacy and achievements so far.

In the morning assembly, Principal Mrs Mrinalini Mhetre extended her best wishes to the staff and students on the occasion and expressed gratitude towards the Management of PTVA for laying the foundation of the school and shaping it into what it is today with their continued support and guidance.

The highlight of the celebration was inauguration of the open gym equipment installed in the school premises at the hands of the esteemed Directors of PTVA. The occasion was graced by PTVA Secretary Shri. Dilip Pethe, Vice-President Shri. Vinay Jog, Director Shri. Pramod Lele and Dr Ajit Dandekar and Chief Coordinator Mrs Jahnavi Khandekar. In his address Shri. Pethe inspired the students to make optimum use of the gym equipment on a regular basis to achieve their fitness goals.

On behalf of the student community, Arpita Mahanti (Std. VIII) expressed sincere gratitude towards PTVA for making the facility available to the students.



World Milk Day

World Milk Day is celebrated every year on June 1 to convey the importance of milk in our lives. This day was created by the Food and Agriculture Organization (FAO), a specialised agency of the United Nations. It focuses on spreading awareness about milk and its numerous benefits.

World Milk Day is marked with events in different regions across the globe. On this day, schools, health

organisations and communities organise programmes such as milk-drinking competitions, awareness rallies, dairy tours and free milk distribution to the needy. It is also a day to promote sustainable dairy farming. This day reminds people to drink milk regularly and consider it a healthy, valuable part of their diet.

We should also appreciate hardworking dairy farmers for their daily efforts. They deserve worldwide recognition as they deliver milk to us early in the morning with strong dedication and consistency. The dairy industry supports several families and contributes to the economy.

Doctors recommend including milk in daily life as it is rich in calcium, protein and other nutrients which help with the growth of bones and teeth. Milk is not just a drink it is daily health support. It boosts immunity to keep the body active. Milk remains a vital source of nutrition, health and growth worldwide.

- Gauri Agate (Std. VIII D),
PTVEMS (Secondary)



२५ जून १९८३: भारताने पहिल्यांदाच क्रिकेटचा विश्वचषक जिंकला

१९८३ हे वर्ष भारतीय क्रिकेटसाठी सुवर्णक्षण ठरले. यावर्षी भारताने पहिल्यांदाच क्रिकेटचा विश्वचषक (वर्ल्डकप) जिंकून जगभरात आपली छाप पाडली. या ऐतिहासिक विजयाचे श्रेय दिले जाते, भारताचे कर्णधार कपिल देव यांना. त्यांच्या धैर्यशील नेतृत्वाखाली भारताने जगज्जेत्या वेस्ट इंडीज संघाला हरवून हा सन्मान मिळवला.

१९८३ सालचा वर्ल्डकप इंग्लंडमध्ये पार पडला होता. या स्पर्धेमध्ये वेस्ट इंडीज संघ प्रबळ मानला जात होता. कारण त्यांनी मागील दोन वर्ल्डकप जिंकले होते. भारताकडून फारशा अपेक्षा नव्हत्या पण, भारतीय संघाने सर्वांना आश्चर्यचकित करत उत्कृष्ट खेळ सादर केला. स्पर्धेदरम्यान कपिल देव यांनी झिंबाब्वे विरुद्ध १७५ धावांची ऐतिहासिक खेळी केली. जी आजही "भारतीय क्रिकेटचा टर्निंग पॉइंट" म्हणून ओळखली जाते. त्यांच्या खेळीने भारताला



सावरले आणि स्पर्धेत पुढे जाण्यास मदत केली. २५ जून १९८३ रोजी लॉर्ड्स मैदानावर अंतिम सामना झाला. भारताने प्रथम फलंदाजी करत १८३ धावा केल्या. हे लक्ष्य वेस्ट इंडीज साठी सोपे वाटत होते. पण भारतीय गोलंदाजांनी जबरदस्त कामगिरी करत संपूर्ण संघाला केवळ

१४० धावांवर गुंडाळले. या सामन्यात कर्णधार म्हणून कपिल देव यांनी महत्त्वपूर्ण जबाबदारी आणि प्रेरणादायी खेळाचे प्रदर्शन केले. अंतिम सामन्यात फलंदाजी आणि गोलंदाजी दोन्हीतही महत्त्वाचा वाटा उचलला मोहिंदर अमरनाथ यांनी आणि ते मॅन ऑफ द मॅच ठरले. या

सामन्यासाठी मदनलाल व रॉजर बिन्नी यांनी प्रभावी गोलंदाजी केली.

या विजयाने केवळ भारताला क्रिकेटमध्ये नाव मिळून दिले नाही, तर संपूर्ण देशभर क्रिकेटचा उत्सव सुरू झाला. त्यानंतर क्रिकेट भारतातील सर्वात लोकप्रिय खेळ झाला. कपिल देव यांच्या नेतृत्वामुळे भारतीय क्रिकेटमध्ये नवचैतन्य निर्माण झाले. १९८३ चा वर्ल्डकप विजय हे भारतीय क्रिकेटमधील मैलाचा दगड ठरला. कपिल देव यांच्या धाडसी नेतृत्वाने आणि संघातील खेळाडूंच्या एकजूटीने हा विजय शक्य झाला. आजही २५ जून हा दिवस भारतीय क्रिकेट प्रेमींसाठी अभिमानाचा आणि प्रेरणादायी ठरतो.

- ऋतुजा शिर्के
परांजपे विद्यालय माध्य.शाळा

१५ जून हा दिवस जागतिक मल्लखांब दिवस म्हणून संपूर्ण जगभरात साजरा केला जातो. या अस्सल भारतीय पारंपारिक अनोख्या खेळाचा इतिहास आपण जाणून घेणार आहोत.

२०० वर्षांपूर्वी शेवटच्या बाजीराव पेशव्यांच्या काळात मल्लखांब या खेळाचा उगम झाला. नाशिक जिल्ह्यातील निफाड तालुक्यातील कोठुरे गावचे प.पू. बाळभट्ट दादा देवधर हे मल्लखांबाचे आद्य गुरू मानले जातात. त्याकाळी कुस्ती हा खेळ विशेष लोकप्रिय होता. विविध प्रांतात कुस्तीचे सामने खेळवले जात आणि ज्या देशाचा पैलवान विजेता होईल तो देश बलवान समजला जात असे. बडोदे संस्थानचे दत्तात्रय चिंतामण करंदीकर (मुजुमदार) यांनी १९३६ ते १९४२ या काळात लिहिलेल्या १० व्यायाम ज्ञानकोश खंडांपैकी तिसऱ्या खंडानुसार, अफगाणिस्तान प्रांतातून अली आणि गुलाब हे दोन पैलवान वाटेतल्या प्रत्येक प्रांतात कुस्ती खेळून, प्रतिस्पर्ध्यांवर पूर्ण मात करून अनेकांना संपूर्ण चैत करत पुण्यात आले. या दोन पैलवानांनी पेशव्यांच्या दरबारात कुस्तीचे खुले आव्हान दिले, परंतु त्यांच्या भीतीमुळे कोणीही पैलवान हे आव्हान स्वीकारण्यास तयार नव्हते.

अतिशय तरुण व अशा प्रकारच्या व्यावसायिक कुस्तीचा काहीही अनुभव नसलेल्या बाळभट्ट दादांनी हे आव्हान केवळ पेशवे दरबाराचा मान राखला जावा म्हणून स्वीकारले व पेशव्यांकडून तयारीसाठी थोडा वेळ मागितला. नंतर त्यांनी आपल्या कोठुरे गावी जाऊन आपल्या आईचा आशीर्वाद घेतला व नंतर ते वणी येथे सप्तशृंगी देवीच्या दर्शनास जाऊन तेथे तपश्चर्या करू लागले. त्या तपश्चर्येमध्ये त्यांना बजरंगबलीने दर्शन दिले व जवळच्याच झाडावर काही कसरती करत

'मल्लखांब हा खेळ प्रत्येक शाळेत रुजला पाहिजे'



मार्गदर्शन केले. त्यावरून प्रेरणा घेत त्यांनी पैलवानाच्या मापाचा एक लाकडी खांब उभा केला व त्यावर कसरतीचा



सराव सुरू केला. या सरावाच्या बळावर त्यांनी अलीला एका डावात हरवले व त्याची अवस्था बघून गुलाब पळून गेला. त्यानंतर पेशव्यांनी दादांचा सन्मान केला व त्यांना आपले गुरू बनवले. मल्लखांब खेळाचा प्रचार-प्रसार तेव्हा सुरू झाला.

'मल्ल' म्हणजे पैलवान आणि 'खांब' म्हणजे लाकडी उभा खांब. त्यामुळे मल्लखांब म्हणजे खांबांशी केलेली कुस्ती. सुरुवातीला हा खेळ कुस्तीचा पूरक व्यायाम प्रकार म्हणून ओळखला जात असे. आज मल्लखांब हा स्वतंत्र खेळ म्हणून विकसित झाला आहे.

१९८० साली उज्जैन येथे मल्लखांब फेडरेशन ऑफ इंडिया स्थापन झाले आणि राष्ट्रीय स्तरावर स्वतंत्र स्पर्धांना सुरुवात झाली. आज मल्लखांब 'खेलो इंडिया युथ गेम्स', 'खेलो इंडिया युनिव्हर्सिटी गेम्स' आणि 'नॅशनल गेम्स'सारख्या प्रमुख स्पर्धांमध्ये समाविष्ट आहे. २०१९ साली महाराष्ट्रात प्रथम मल्लखांब विश्वचषक आयोजित झाला, ज्यात २० हून अधिक देशांनी सहभाग घेतला. २०२३ साली आसाम येथे दुसरा विश्वचषक पार पडला, ज्यात भारताने पुरुष आणि महिला गटात विजेतेपद पटकावले. याच कामगिरीबद्दल भारत सरकारने मला २०२३ चा द्रोणाचार्य पुरस्कार देऊन गौरवले.

मल्लखांब हा खेळ शारीरिक आणि मानसिक विकास घडवणारा आहे. व्यायाम ज्ञानकोश खंड ३ मध्ये मल्लखांबाचे ४० प्रकार नमूद आहेत. स्पर्धेत प्रामुख्याने तीन प्रकार (पुल्लेला मल्लखांब, दोरी मल्लखांब आणि टांगता मल्लखांब) घेतले जातात. मल्लखांबामुळे खेळाडूचे संपूर्ण शरीर, विशेषतः पाठीचा मणका बळकट होतो व व्यक्तिमत्त्व घडते.

पूर्वी मल्लखांबाची फारशी ओळख नव्हती, परंतु आज हा खेळ भारतात आणि परदेशातही प्रचंड लोकप्रिय झाला आहे. आता भारतातील प्रत्येक शाळेत मल्लखांब खेळ सुरू व्हावा, हीच अपेक्षा आहे. विशेषतः महाराष्ट्रात हा मातीतला खेळ प्रत्येक शाळेत रुजला पाहिजे, तरच आपण मुलांना मल्लखांबाची गोडी लावू शकू.

गणेश प्रभाकर देवरुखकर
द्रोणाचार्य पुरस्कार विजेता
शिव छत्रपती पुरस्कार विजेता
पार्ले टिळक विद्यालय, माजी विद्यार्थी

A big shoutout to Community Helpers on United Nations Public Service Day

United Nations Public Service Day is observed every year on June 23 to recognise the vital role of public service in shaping a better society. It celebrates the commitment and hard work of those who serve the community selflessly.

To mark this day, the students of PTV (ICSE) from

Grades 1 and 2 dressed up as various community helpers and expressed their appreciation through reflections and real-life experiences. These voices were thoughtfully gathered and compiled into the following article by teachers, Ms Reshma Londhe and Ms Deepa Kamath, after engaging in meaningful conversations with the children.



I was always terrified of going to the doctor's clinic. But the gentle smile of my doctor took all my fears away. She talks to me kindly, makes me laugh before check-ups, and tracks my growth with care. Her warmth and love for children make me feel truly blessed.

— Parth Verlekar, Std. I B

I aspire to be a teacher. On the first day of school, my teacher welcomed me with a warm smile. She reached out to every student with care, guiding us not just academically, but emotionally too. Her lessons will stay with us long after we grow up.

— Ira Pereira, Std. I D



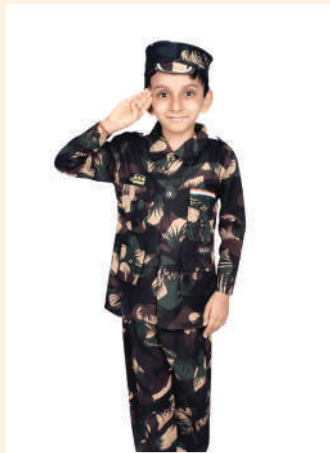
One morning, when a robbery took place in my house, we called the police. They carried walkie-talkies, came as a team, and had guns for their defense and for preventing crime. Soon, they cracked the case. That day, I decided that I want to serve society — helping people feel safe and comfortable.

— Rudhv Nadkarni, Std. II A



We often hear, "Plant more trees," and I do just that. While caring for my plants, I realised how delicate they are and how much attention they need. Roadside gardeners work hard to care for these plants — not just to beautify the space, but to create a healthier environment. I truly thank these unsung heroes.

— Swara Bawkar, Std. II C



I believe that Indian soldiers are the Nation's pride. They guard our borders — through snowfall or scorching heat. Their courage shines through the intense physical and mental training they undergo. For them, the nation always comes first. Inspired by their dedication, I dream of protecting the country and keeping its people safe.

— Omkar Borker, Std. II D



Meet the young and eloquent speakers

The Elocution Competition for Grade 3 of PTV ICSE (Primary) was held on June 17 on the theme 'Discipline'. The young speakers impressed the judge and audience alike with their confident delivery, thoughtful content, and clear articulation. Students recited on



engaging topics such as "Doing Things with Self-Discipline," "A Day Without Discipline," and "The Magic of Doing Things on Time." Shivaansh Sakru (Std. III D) clinched the first place. Dhriya Shah (Std. III A) and Ananya Nadkarni (Std. III C) shared the second prize. Swara Khare (Std. III B) secured the third position.

Imbibing discipline with fun and frolic

The Drawing and Colouring Competition held for Grade 2 students of PTV ICSE (Primary) focused on the value of the month - Discipline. The young artists beautifully expressed the theme through scenes of students completing work on time, following school rules, and helping elders and parents. The entries reflected thoughtful observation and vibrant creativity. In this competition, Ayaan Naik (Std. II A) and Vihaan Dandekar (Std. II D) shared the first prize, while Swara Bawkar (Std. II C) and Jaisvi Tank (Std. II A) secured the second and third prizes, respectively.



Expressing gratitude and empathy towards elders at home

On the occasion of World Elder Abuse Awareness Day, observed every year on June 15, the students of PTV ICSE (Primary) were sensitised to the significance of the day and the invaluable role elders play in our lives and society. This was done through a thoughtful class assembly that highlighted the importance of treating elderly people with love, care, and respect.



As a follow-up activity, students from Grades 4 and 5 created heartfelt thank-you greeting cards for the elders in their homes- be it grandparents or any other elderly family member. Through words and colours, they expressed their gratitude and affection.

पान १ वरील श्लोकाचा अर्थ :
अंजनशलाका-काजळाची कांडी : अज्ञानाने अंध झालेल्यांचे डोळे ज्यांनी
ज्ञानरूपी अंजनशलाकेने उघडले, अशा त्या गुरूला नमस्कार असो.

New academic year, New beginnings

On June 23, PTV (ICSE) was filled with pride and excitement as students, staff, and parents gathered for the much-anticipated Investiture Ceremony. The event began with a grand procession of the newly elected council members, who marched confidently to the beats of the school band. In a proud and memorable moment, the Primary and Secondary Section council members were formally inducted by Shri

Anil Ganu (President, PTV) and Principal Dr (Mrs) Arnavaz Bhagat. The ceremony was further enriched by a heartfelt prayer song and a lively prayer dance, adding a vibrant cultural touch. The event also witnessed a yoga dance performed by the talented students which represented the union of mind and body. The event concluded with the national anthem, instilling a deep sense of pride and responsibility in all present.

PTV ICSE (Secondary) felicitates Grade X toppers



On June 5, PTV ICSE (Secondary) hosted a felicitation ceremony to honour the Grade X toppers in the ICSE Examination of the 2025 batch. The event was attended by members of the board, proud parents, teachers, and school leaders.

Shri Vinay Jog, Vice President, PTVA and Principal, Dr (Mrs) Arnava Bhagat congratulated the students for their hard work and resilience by awarding them with a token of appreciation. While some students shared their personal journey, parents also expressed their hard work and dedication. Parents and educators were also acknowledged for their unwavering support.



SMASHing Success

At the SMASH 2025 Telegames Competition organised by Greenlawns School on June 20, PTV ICSE (Secondary) secured the First Prize. Among the various school participants across Mumbai, Rushi Bidikar, Devarya Sawant, Advait Ghag, Heramb Katre, Swethan Gawali, Dishank Shah, Rohit Gupta, Tavish Kharat, Jayesh Jadau, and Atharva Shiroadkar, who represented the PTV ICSE (Secondary) brought laurel.

When PTVEMS (Primary) teacher tickles your funny bone



Teacher Mrs Kamakshi Kulkarni from PTVEMS (Primary) participated in an Open Mic Stand-up comedy show "THE STAGE" which was organised by the RED BLACK STAGE and KALAKAAR on March 29 at Astral Studio, Andheri. The theme was "BOLLYWOOD." Competing against 45 participants, Mrs Kulkarni won the first prize and was felicitated with a trophy.

- Ms Devangi Wadke
(Class teacher of Std. I A),
PTVEMS (Primary)

Swim Star



Sharvil Murkar (Std. II D), a student of PTVEMS (Primary) won first place in 50m Butterfly Stroke, 50m Back Stroke, and 50m Free Style, and third place in 50m Breast Stroke. He also bagged the individual championship in Boys U7 category at the Maharashtra State Senior and Lower Age Group Aquatic Championship 2025 organised by Maharashtra State Aquatics Coordination Committee at NMMC Swimming Pool, Vashi, on May 24 and 25.



Here are the 5 toppers of PTVEMS in SSC exam

PTVEMS recorded a 100% pass percentage in the SSC Board Examination 2024-25, with all 226 students declared successful. This remarkable achievement was made possible by the unwavering support of the Board of Directors, Committee Members and Office Bearers of the PTVA, whose leadership and commitment to quality education continue to inspire excellence.

An exceptional performance was delivered by Aryaa Deshmukh, who

scored a perfect 100% (487 + 13 marks). Aryaa is one of only eight students across the Mumbai division to achieve this rare distinction.

Top Rankers: 1st - Aryaa Deshmukh - 100% (487 + 13), 2nd - Swanandi Birje - 99.40% (487 + 10), 2nd - Shriya Sardesai - 99.40% (482 + 15), 3rd - Siya Devrukhkar - 99.20% (481 + 15), 4th - Paalavi Vedpathak - 98.80% (487 + 7), and 5th - Durvang Balgude - 98.20% (484 + 7).

Cutting Through the Headlines: Mandeepa Baisakha Shines Bright!



Mandeepa Baishakha, a student of Grade 7 at PTV ICSE (Secondary) brought laurels to the school by securing the First Prize in the prestigious Times NIE competition - "My Favourite Newspaper Articles."

This creative and thought-provoking competition invited students to curate a Dossier-Scrapbook by selecting impactful articles from the TOI Student Edition. Participants were encouraged to reflect deeply and present their personal insights on each article, fostering both critical thinking and a meaningful engagement with current affairs.

Mandeepa's well-crafted scrapbook stood out for its thoughtful reflections and meticulous presentation, earning her a Certificate of Merit and a Trophy. Her accomplishment not only highlights her analytical abilities but also her growing awareness of the world around her.



मे महिन्याच्या अखेरीस आयडियल स्पोर्ट्स अकॅडमीतर्फे राष्ट्रीय मिल मजदूर संघाच्या सहकार्याने झालेल्या अमृत महोत्सवी गोविंदराव मोहिते चषक राज्यस्तरीय शालेय कॅरम स्पर्धेत पार्ले टिळक विद्यालय माध्यमिक विभागातील मराठी माध्यमाचा सार्थक केरकर अजिंक्य ठरला. चुरशीच्या अंतिम सामन्यामध्ये सार्थक केरकरने अचूक खेळासह राणीवर सतत कब्जा मिळवत राष्ट्रीय ख्यातीची सबज्युनिअर कॅरमपटू तनया दळवी हिचा १०-५ असा पराभव केला. गमतीची बाब म्हणजे सार्थक शळेच्या १०-५ या वर्गात शिकत होता. परळ येथील आर.एम.एम.एस सभागृहात अटीतटीमध्ये रंगलेल्या उपांत्य सामन्यात ६-० असा दमदार प्रारंभ करणाऱ्या चेंबूर हायस्कूलच्या मयुरेश पवारला सार्थक केरकरने १२-६ असे नमवले. याच स्पर्धेत इयत्ता ९-५ मधील अमेय जंगम हा विद्यार्थी उपांत्यपूर्व उपविजेता ठरला.



एनसीसीच्या विद्यार्थ्यांनी शळेच्या शिरपेचात खोवला मानाचा तुरा

TSC (THAL SENA CAMP) साठी ३ महाराष्ट्र बटालियन मधील १९ शाळांमधील एकूण ५५० कॅडेट्स रायफल शूटिंग इव्हेंटमध्ये सहभागी झाले होते. यामधून पार्ले टिळक विद्यालय माध्यमिक शाळेच्या NCC UNIT मधील कॅडेट गौरांगी

प्रमोद चव्हाण, कॅडेट श्रेया संतोष शिवगण, कॅडेट योगिराज सचिन शिंदे व कॅडेट युवराज सचिन शिंदे यांची निवड पुढील TSC (THAL SENA CAMP) साठी झाली होती. यातून पुढील फेरीसाठी ज्या २४ कॅडेट्सची निवड झाली यात या चौघांचाही समावेश होता. या

निवड प्रक्रियेत मे महिन्यात एकूण ३ निवासी शिबिरे (प्रत्येकी १० दिवसांचे) व एक विशेष प्रशिक्षण शिबीर झाले. यामधून कॅडेट श्रेया शिवगण हिची पुढील शिबिरासाठी निवड झाली आहे. या विद्यार्थ्यांवर शळेचे एनसीसी प्रशिक्षक उमेश शिंदे यांनी विशेष मेहनत घेतली.

Commemorating 75th death anniversary of Sane Guruji

With deep reverence and grandeur, PTVEMS (Primary) commemorated the 75th death anniversary of the legendary Sane Guruji — a beacon of wisdom, compassion, and patriotism. The event began with a speech by teacher, Ms Komal Yevle, who narrated Sane Guruji's inspiring childhood, emotional strength, and multifaceted personality as a writer, reformer, and freedom fighter. The highlight was a captivating enactment by a Grade 4 student, portraying Sane Guruji and delivering his timeless message of love, truth, and selflessness.

-Ms Komal Yevle,
Teacher, PTVEMS (Primary)



Ms Agnes Shastri draws curtains on 35 years of illustrious teaching career

Team PTVEMS (Primary)

Some people leave behind footprints so deep that even time pauses to acknowledge them—and today, we bid farewell to one such incredible soul, our very own Agnes Teacher.

Honestly, where do we begin? 35 years. That's not just a number—it's a legacy. Agnes Teacher has not just worked in this school; she has helped build its spirit. From the ground of the sports field to the heart of every celebration, from welcoming new teachers to raising generations of students—her presence is woven into every corner of this institution. She wasn't just training children in exercises and drills as a Physical Training teacher; she was shaping character, instilling discipline, and teaching life lessons without needing a classroom.

From the moment you walk into this school as a new teacher, she's the first warm smile you remember. The one who gently corrects you when you're unsure, the one who pushes you to do better, and the one who always, always has your back. She's been a mentor, a comfort, a role model—and the glue that has held many of us together in our most chaotic moments.

During national holiday celebrations, she'd be here before the sun—5:30 AM, already checking preparations, ensuring everything was just right, down to the last flag. And when it came to selecting prefects for Investiture Ceremonies, her eye for student leadership was uncanny. She somehow always spotted the potential others might have missed—and her chosen students always turned out to shine.

But beyond events and accolades, what stands out most is her heart. The way she connects with children in nature, especially on school picnics—showing them flowers, talking to them about birds, gently encouraging them to notice the world around them—that's something truly special. Her students do not just love her; she's adored.

Dear Agnes Teacher, your absence will be felt deeply—not just because of what you did, but because of who you are. You've given this school time, energy, love, and soul. They say some teachers leave the classroom, but never the hearts—and you, Teacher, have a forever place in ours.



Happy Father's Day

To my Super Dad,
People say superheroes wear capes, but mine wears a laptop bag. You may not have superpowers, but you are the best dad in the whole world. Thank you for playing with me, reading me stories, and taking me on fun trips. You always make me feel special.

You are the king of bedtime stories. You even make funny noises when you sneeze, which makes me laugh. You are the snack-stealer from my plate (yes! I've seen you do that many times!) and the world's best tickle monster. Mother says you are strong because you go to the gym, but I think it's because you've carried me all these years.

Thank you, Daddy, for being my pillow when I jump on you, my teacher when I ask you a hundred questions, and my hero when I am scared of anything.

Dad, you're the first person I turn to when I have a question or need advice.

I know I don't always say it, but I really admire and appreciate all the work you do.

I love you more than cheese, chocolates, pizzas, and games. You are not just my dad—you are my forever favourite person. I always pray to God to keep you happy and in good health.

I end this letter with a short poem dedicated to my dearest father:

*My dad is big, my dad is strong,
Like a superhero all day long.
He takes me on rides, we go far,
And sometimes he cooks—he's a star!
He's funny, brave, and loves me too,
My dad is the best—it's true, it's true!
Happy Father's Day to you.*

- Shivaansh Sakru
(Std. III D),
PTV ICSE (Primary)



My Dearest Dad,
Happy Father's Day!
You are my hero, my friend and my biggest support. You are the best daddy in the whole wide world. You are the pillar of our family. A source of strength and inspiration. Thank you for everything you do for me.

I always love it when you carry me on your shoulders and play with me even when you are tired. Whenever I fall you are the first who pick me up and give me the warmest hug.

You work so hard every day to just give me a good life. You always take care of me and make me feel safe and happy. You teach me right from wrong and always help me when I need you.

I am so lucky to have you in my life. I want to grow up and be like you - strong, kind and always



smiling.

Thank you for being my daddy. I will love you forever and ever.
With all my love,
Your little princess,

- Aaradhya Gore (Std. IV D),
PTVEMS (Primary)



किती गाऊ गुणगान

तुझ्यासारखा तूच आहेस...
म्हणूनच तू खास आहेस
आईला 'अंग' सारेच म्हणतात,
पण, पप्पा तुला 'अरे' म्हणण्यात,
एक वेगळीच 'बात' आहे,
जणू आपलेपण, जवळीकता अन् मित्रत्वाचा,
हा अलिखित असा करार आहे,
नाही वाटत तुझी जरब,
तुझा दरारा मला अमान्य आहे,
हो, पण तुझ्याप्रतिची आदरयुक्तभि
तिला मात्र माझा 'सलाम' आहे,
किती करू स्तुती तुझी, किती गाऊगुणगान.
मला नाही फिकीर कशाची,
जेव्हा तू माझ्या सोबत आहेस,
न थकणारा... न दमणारा...
अविरत काम करणारा...
तू तर माझा जॉइन्ट सपोर्ट आहेस,
हो, येतो मला कधी-कधी तुझा राग,
'सतत कानाशी भूणभूण तुझी,
"बाळा! तसे नको वागूस, जरा असे वाग"
माझ्या प्रत्येक वागण्यावर, तुझी बारीक नजर...
मी पडणार... धडपडणार... तोल सावरायला तू हजर...
मी तुझं जग सारं, मी तुझा श्वास...
माझ्याठायी उत्तम 'व्यक्तिमत्त्व घडावं...
केवळ हाच तुझा ध्यास...
नवे विचार, न्यू जनरेशन... सळसळते रक्त
यांना रिप्रेझेंट करणारा असा माझा बाणेदार 'छाप'
पण, या विचारांना आकार देणारा तूच ना.. रे!
म्हणजे, परत एकदा तुच माझा बाप...
तू आहेस माझा खरा कल्पवृक्ष...
पूर्ण करतोस माझी हर एक इच्छा,
पप्पा, तुला 'फादर्स डे'च्या मनापासून शुभेच्छा!

Ruturaj Sameer Boravade
(Std. IV B), PTVEMS (Primary)

Torn Hopes

Torn from loved ones, the ones they hold dear
They wander through distant lands, filled with fear
Escaping bloodshed, through nights unclear

The tales etched in their bleak face
A testament to life's desperate race
They yearn for food, a safe place

Tormented by the memories of distant lands,
They hope they won't fall into wrong hands
While living in the crowded camps

Despite the silent cries,
A glimmer of faith still remains in their eyes.
Praying that they will survive these hard times.

Ira Sane (Std. IX B),
PTV ICSE (Secondary)



I am blessed to call you Papa. Since, I was born your love, patience and kindness has guided me through. I know some days were not easy for you but you always did your best. I have always felt your love and for that, I am forever grateful. You truly are the most amazing father a child could have ever wished for. Love you forever.

- Swarup Ganesh Namaye
(Std. II B), PTVEMS (Primary)

पान १ वरून

Back to School

learners were welcomed back after the break. The school corridors and entrances were beautifully decorated, creating a vibrant and festive atmosphere that brought smiles to every face. Teachers and staff greeted the students with cheerful wishes, colourful balloons, and warm hugs, making them feel special and eager to begin their new academic journey. The classrooms and corridors were decorated with balloons. The school display boards were

embellished with charts and articles by the Drawing Teacher. Each and every Class Teacher beautifully decorated her classroom by Welcome and Birthday charts. It was a heartwarming scene to witness the spark in the eyes of students as they stepped into their classrooms with excitement and curiosity. On the joyous occasion of the school reopening day, students were warmly welcomed with delightful chocolates to make their return even more special.

शाळा प्रवेशोत्सव उपक्रमाने वाजली शाळेची पहिली घंटा

परांजपे विद्यालय प्राथमिक विभागातील विद्यार्थ्यांचे जल्लोषात स्वागत करून प्रवेशोत्सव साजरा करण्यात आला. तर परांजपे विद्यालय माध्यमिक शाळेतील विद्यार्थ्यांचा प्रवेशोत्सव देखील मोठ्या उत्साहात पार पडला. शाळेच्या प्रवेशद्वारी रंगीबेरंगी फुग्यांच्या व चित्रांच्या सजावटीने तसेच रांगोळी काढून विद्यार्थ्यांचे स्वागत करण्यात आले. शाळेचे मुख्याध्यापक श्री. हाक्के व पर्यवेक्षिका सौ.लाड



परांजपे विद्यालय प्राथमिक

यांनी विद्यार्थ्यांचे स्वागत केले. तसेच सर्व शिक्षा अभियानांतर्गत शासनातर्फे विद्यालयातील पाचवी

ते आठवीच्या सर्व विद्यार्थ्यांना मोफत पाठ्यपुस्तके शाळेच्या पहिल्याच दिवशी ग्रंथालयातून वाटण्यात आली.